



**National Interscholastic Swimming Coaches Association  
2016 - 17 NISCA/Speedo Swimming All-America**

**Yard Time Standards**

*Applications for All-America must be submitted by June 15 in order for an athlete to be included in the selection process.*

*Top 100 Athletes determined by time from verified applications will be recognized as All-America in individual and relay.*

<i>Boys All-America</i>		<i>High School</i>	<i>Girls All-America</i>	
<u>All-America</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>All-America</u>
1:33.83	1:35.43	<b>200 Medley Relay</b>	1:47.14	1:45.33
1:38.91	1:40.53	<b>200 Freestyle</b>	1:50.75	1:48.95
1:50.01	1:52.28	<b>200 Individual Medley</b>	2:04.42	2:02.21
:20.69	:21.00	<b>50 Freestyle</b>	:23.68	:23.27
:49.23	:50.16	<b>100 Butterfly</b>	:55.90	:54.65
:45.14	:45.86	<b>100 Freestyle</b>	:51.27	:50.50
4:29.69	4:34.26	<b>500 Freestyle</b>	4:57.48	4:52.43
1:24.95	1:26.28	<b>200 Freestyle Relay</b>	1:37.39	1:35.85
:49.74	:51.01	<b>100 Backstroke</b>	:56.39	:55.18
:56.09	:57.39	<b>100 Breaststroke</b>	1:04.56	1:03.03
3:06.47	3:09.43	<b>400 Freestyle Relay</b>	3:31.83	3:28.27



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**Meter Time Standards**

***Meters are converted to Yards by the online entry database  
Coaches enter Meter Times and check "Meters"***

***Applications for All-America must be submitted by June 15 in  
order for an athlete to be included in the selection process.***

***Top 100 Athletes determined by time from verified applications  
will be recognized as All-America in individual and relay  
events.***

<i>Boys All-America</i>		<i>High School</i>	<i>Girls All-America</i>	
<u>All-America</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>All-America</u>
1:44.62	1:46.40	<b>200 Medley Relay</b>	1:59.57	1:57.78
1:49.59	1:51.39	<b>200 Freestyle</b>	2:02.71	2:00.72
2:02.22	2:04.74	<b>200 Individual Medley</b>	2:18.11	2:15.65
:23.15	:23.50	<b>50 Freestyle</b>	:26.40	:25.95
:54.84	:55.88	<b>100 Butterfly</b>	1:02.10	1:00.72
:50.15	:50.95	<b>100 Freestyle</b>	:57.01	:56.16
3:56.79	4:00.80	<b>400 Freestyle</b>	4:20.95	4:16.52
1:34.80	1:36.29	<b>200 Freestyle Relay</b>	1:48.78	1:47.06
:55.26	:56.67	<b>100 Backstroke</b>	1:02.65	1:01.30
1:02.26	1:03.70	<b>100 Breaststroke</b>	1:11.79	1:10.09
3:27.73	3:31.03	<b>400 Freestyle Relay</b>	3:55.98	3:52.01