

PCL SWIMMING

Wood girls end title drought

By **KAREN SANGILLO**
COURIER TIMES

PHILADELPHIA — The Archbishop Wood girls swim team broke a 17-year drought, winning the Philadelphia Catholic League championship Sunday at La Salle University's Kirk Natatorium.

The Vikings won their only other PCL title in 1991.

"That's a long time," senior captain Bridget Gannon said. "It feels so great to win one, and to win it my senior year is just amazing. This was our last chance.

"Everyone swam so well, and we were really excited for the meet. We knew if we came in here and swam strong that we'd be the team to beat. We didn't really feel much pressure; we knew what we could do, so it was

just a matter of us doing it."

Wood's win broke Archbishop Ryan's five-year winning streak.

"We beat Ryan in our dual meet, but we knew we couldn't take them lightly," senior captain Rachael Gniass said. "We had to come back and swim well here. We've seen Ryan's depth; we know what they can do.

"This was just a great way to finish the season. I think the seniors really appreciate what it means to finally beat Ryan."

Three swimmers took first place in individual events.

Taylor Kane won the 200-yard freestyle in 1:59.28 and the 500 freestyle (5:17.95), Grace Cochrane won the 200 butterfly (1:00.87), and Christina Rios won the 100 freestyle (56.16).

Wood also finished first in the 400 freestyle relay, with the team of Amy Finn, Cochrane, Kane and Rios clocking in at 3:49.89.

Also for the Vikings, Finn was second in the 200 freestyle (2:05.45) and third in the 500 freestyle (5:40.71), Emily Smith was second in the 100 freestyle (57.72) and third in the 200 freestyle (2:10.09), Rios was second in the 100 backstroke (1:01.59) and Cochrane was third in the 200 individual medley (2:18.90).

The team of Rios, Alyse Davis, Bridget Kerins and Gannon finished second in the 200 medley relay (1:57.68), and the 200 freestyle relay of Smith, Cochrane, Kane and Gannon took third (1:46.60).

"This is unbelievable," Wood coach Charlie Stillwell

said. "It was all the girls. I was lucky enough to be the one to tell them what to swim, but they did it all themselves. I'm so proud of them."

Greg Oprendek was the top individual finisher for the Wood boys team, taking 11th in both the 200 individual medley (2:13.27) and 100 breaststroke (1:09.16). Wood's 200 freestyle relay of David Keller, Oprendek, Gary Bone and Andrew Gniass finished seventh (1:42.03).

The Wood boys finished ninth in team scoring (94). La Salle won the team title for boys with 965 points, extending its winning streak to 20 consecutive league titles.

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Girls swimming

PHILADELPHIA CATHOLIC LEAGUE CHAMPIONSHIPS

Team results

1. Archbishop Wood, 694 points; 2. Cardinal O'Hara, 571; 3. Archbishop Ryan, 563; 4. Archbishop Carroll, 324; 5. St. Hubert, 274; 6. Little Flower, 161; 7. Archbishop Prendergast, 144.

Individual results

200-yard medley relay: 1. Archbishop Ryan, 1:56.37; 2. Archbishop Wood (Christina Rios, Alyse Davis, Bridget Kerins, Bridget Gannon), 1:57.68; 3. Archbishop Carroll, 2:01.52. 200 freestyle: 1. Taylor Kane, Archbishop Wood, 1:59.28; 2. Amy Finn, Archbishop Wood, 2:05.45; 3. Emily Smith, Archbishop Wood, 2:08.97. 200 individual medley: 1. Sara Kuhn, Archbishop Ryan, 2:16.24; 2. Kelly Fleagle, Cardinal O'Hara, 2:17.34; 3. Grace Cochrane, Archbishop Wood, 2:18.90. 50 freestyle: 1. Katie Erikson, Cardinal O'Hara, 25.91; 2. Megan Corliss, Archbishop Carroll, 26.07; 3. Allison Chiardio, Archbishop Ryan, 26.66. 100 butterfly: 1. Cochrane, Archbishop Wood, 1:00.87; 2. Mollie Walsh, Archbishop Carroll, 1:03.20; 3. Bridget Hennessey, Archbishop Ryan, 1:04.22. 100-yard freestyle: 1. Rios, Archbishop Wood, 56.16; 2. Smith, Archbishop

Wood, 57.72; 3. Erikson, Cardinal O'Hara, 58.58. 500 freestyle: 1. Kane, Archbishop Wood, 5:17.95; 2. Hennessey, Archbishop Ryan, 5:25.72; 3. Finn, Archbishop Wood, 5:40.71. 200 freestyle relay: 1. Cardinal O'Hara, 1:45.16. 2. Archbishop Carroll, 1:45.20; 3. Archbishop Wood (Smith, Cochrane, Kane, Gannon), 1:46.60. 100 backstroke: 1. Kuhn, Archbishop Ryan, 1:00.69; 2. Rios, 1:01.59; 3. Samantha Greiner, Cardinal O'Hara, 1:07.08. 100 breaststroke: 1. Fleagle, Cardinal O'Hara, 1:13.27; 2. Kelsey Homont, St. Hubert, 1:13.62; 3. Julianne Staskel, Archbishop Ryan, 1:13.88. 400 freestyle relay: 1. Archbishop Wood (Finn, Cochrane, Kane, Rios), 3:49.89; 2. Cardinal O'Hara, 3:52.12; 3. Archbishop Ryan, 3:56.93.

Boys swimming

PHILADELPHIA CATHOLIC LEAGUE CHAMPIONSHIPS

Team results

1. LaSalle, 965 points; 2. St. Joe's Prep, 625.5; 3. Archbishop Ryan, 294.5; 4. Father Judge, 285; 5. Monsignor Bonner, 253; 6. Roman Catholic, 230; 7. Cardinal O'Hara, 185; 8. Archbishop Carroll, 170; 9. Archbishop Wood, 94.

Individual results

200-yard medley relay: 1. LaSalle, 1:37.94; 2. St. Joe's Prep, 1:41.16; 3. Father Judge, 1:44.22. 200 freestyle: 1. Ted Walker, LaSalle, 2:45.23; 2. Michael McGee, LaSalle, 1:47.82; 3. Andrew Gogola, St. Joe's Prep, 1:49.36. 200 individual medley: 1. Greg Mahon, St. Joe's Prep, 1:56.91; 2. Greg Woods, LaSalle, 2:00.40; 3. Andrew Gillespie, Roman Catholic, 2:01.99. 50 freestyle: 1. James Mahoney, LaSalle, 21.75; 2. Andrew Sideras, LaSalle, 22.21; 3. Todd Domanski, LaSalle, 22.23. 100 butterfly: 1. Phil Letcavage, LaSalle, 53.92; 2. Andrew Kelly, St. Joe's Prep, 54.00; 3. Andrew Speese, LaSalle, 54.25. 100-yard freestyle: 1. Walker, LaSalle, 47.10; 2. Sideras, LaSalle, 48.97; 3. Gogola, St. Joe's Prep, 49.83. 500 freestyle: 1. McGee, LaSalle, 4:54.44; 2. Tom O'Neil, LaSalle, 4:59.87; 3. Brandon Rapone, Archbishop Ryan, 5:00.15. 200 freestyle relay: 1. LaSalle, 1:26.61; 2. St. Joe's Prep, 1:31.60; 3. Cardinal O'Hara, 1:34.68. 100 backstroke: 1. Mahon, St. Joe's Prep, 53.06; 2. Gillespie, Roman Catholic, 53.24; 3. Pat McDavitt, Monsignor Bonner, 55.76. 100 breaststroke: 1. Blase Szyszko, LaSalle, 59.77; 2. Greg Woods, LaSalle, 1:00.84; 3. Michael Maerz, Archbishop Carroll, 1:03.64. 400 freestyle relay: 1. LaSalle, 3:15.06; 2. St. Joe's Prep, 3:22.11; 3. Monsignor Bonner, 3:24.33.

Girls swimming

ARCHBISHOP WOOD 107, ARCHBISHOP RYAN 63

200-yard medley relay: 1. AW (Christina Rios, Alyse Davis, Bridget Kerins, Bridget Gannon), 1:59.07; 2. AR, 1:59.59; 3. AW, 2:08.08. 200 freestyle: 1. Taylor Kane, AW, 2:01.38; 2. Amy Finn, AW, 2:05.53; 3. Rachael Gniass, AW, 2:08.57. 200 individual medley: 1. Grace Cochrane, AW, 2:18.88; 2. Sara Kuhn, AR, 2:23.19; 3. Davis, AW, 2:31.68. 50 freestyle: 1. Allison Chardio, AR, 26.84; 2. Gannon, AW, 27.44; 3. Kerins, AW, 27.75. 100 butterfly: 1. Cochrane, AW, 1:02.65; 2. Bridget Hennessey, AR, 1:06.37; 3. Emily Smith, AW, 1:08.61. 100 freestyle: 1. Rios, AW, 57.15; 2. Chardio, AR, 1:00.18; 3. Gannon, AW, 1:01.91. 500 freestyle: 1. Kane, AW, 5:25.75; 2. Hennessey, AR, 5:37.63; 3. Amy Finn, AW, 5:38.06. 200 freestyle relay: 1. AW (Davis, Gannon, Kane, Cochrane), 1:48.22; 2. AR, 1:51.69; 3. AW, 1:51.91. 100 backstroke: 1. Rios, AW, 1:03.22; 2. Sara Kuhns, AR, 1:03.47; 3. Kim Lidinger, AR, 1:08.62. 100 breaststroke: 1. Julianne Staskel, AR, 1:15.72; 2. Davis, AW, 1:15.81; 3. Smith, AW, 1:18.216. 400 freestyle relay: 1. AW (Finn, Rios, Kane, Cochrane), 3:54.29; 2. AR, 3:59.44; 3. AR, 4:14.22.

■ Archbishop Wood also participated in the CB East relays. The Vikings finished second in the girls 200 butterfly relay. Amy Finn, Bridget Kerns, Bridget Gannon and Grace Cochrane clocked in at 1:58.20. Alyse Davis, Christina Rios, Taylor Kane, Cochrane and Gannon took third in the 500 crescendo relay (4:52.25).