

## PCL SWIMMING

# Wood girls seek first title since 1991

BY KAREN SANGILLO  
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**WARMINSTER** — The Archbishop Wood girls swim team is poised to win its first Philadelphia Catholic League title since 1991.

The Vikings finished the regular season at 6-1 overall, 6-0 in the PCL, including a 107-63 win over five-time defending PCL titlist Archbishop Ryan — the first time in eight years that they have defeated the Ragdolls in a dual meet. Wood's only loss was to Council Rock-North, 124-59, in a nonleague season opener.

The PCL championships are scheduled for this weekend, with trials on Saturday at Widener University, boys at 8 a.m. and girls at noon. The finals are on Sunday at La Salle University, beginning at 11 a.m.

"We definitely feel that there's pressure," team member Alyse Davis said. "We beat Ryan, and we're undefeated, but we know that everyone else is going to be fired up to swim well and we'll be the team everyone is looking to beat."

"We're trying not to think about it too much and to just be happy that we're in this position and to not be cocky and act

like we already have it in the bag, because we don't. We like our chances, and we want to go out there and swim with confidence and not be intimidated, but we definitely know that we still have to do it in the pool."

Coach Charlie Stillwell also likes his team's chances.

"This team is different from any other team I've coached," he said. "They're so motivated. The only thing I do is train them; they do all the motivating themselves."

"They're a fantastic group of kids to work with. I'm really looking forward to championships. It's going to be really exciting."

The Vikings are hoping to parlay their success at the Eastern Interscholastic Swimming and Diving Championships last weekend at La Salle into a triumph in the PCL championships.

At the Eastern meet, Taylor Kane finished 10th in the 500 freestyle in 5:16.49 and 11th in the 200 freestyle (2:00.20). Grace Cochrane was 11th in the 100 butterfly (1:02.07) and 18th in the 200 individual medley (2:21.76).

The 400 freestyle relay of Christina Rios, Cochrane, Amy Finn and Kane finished 12th (3:51.77). The 200 medley relay of Rios, Davis, Bridget Kerins and Bridget Gannon was 15th (2:00.85), and the 200 freestyle relay of Gannon, Kane, Davis and Cochrane was 18th (1:47.98).

The Eastern meet is one of the oldest and most prestigious in the country and is the largest prep school aquatic event in the United States.

"It's really upsetting that this was our last Eastern meet," said Davis, a junior. "We love going there because it's such a fun meet, and I know I'm going to miss swimming there next year."

"We don't go into that meet with any big expectations. Mostly, we want to swim there because it's at La Salle and that's where the Catholic League finals are, so it gives us a chance to swim in the same pool before the PCL meet."

"I know things are changing and next year is going to be really different for us, but we'll have to just accept it and see how it goes."

Karen Sangillo can be reached at karensangillo@aol.com.

## Boys swimming

(Friday meet)

FATHER JUDGE 96, ARCHBISHOP WOOD 55

200-yard medley relay: 1. AW (David Keller, Gregory Opredek, Robert Cohen, Gary Bone), 1:55.64; 2. FJ, 2:01.28; 3. FJ, 2:04.90. 200 freestyle: 1. Joseph Konicki, FJ, 2:02.88; 2. Shawn Mitkus, FJ, 2:06.13; 3. Matt Hirst, 2:08.03. 200 individual medley: 1. Opredek, AW, 2:14.09; 2. Evan Field, FJ, 2:21.78; 3. Jim Long, FJ, 3:30.84. 50 freestyle: 1. Keller, AW, 24.79; 2. Brian Milligan, FJ, 25.12; 3. Bone, AW, 27.22. 100 butterfly: 1. Steven Petrosky, FJ, 1:00.34; 2. Opredek, AW, 1:01.97; 3. Tyler Cameron, FJ, 2:01.29. 100 freestyle: 1. Keller, AW, 55.96; 2. Bryan McHale, FJ, 57.56; 3. Cameron, FJ, 1:08.40. 500 freestyle: 1. Mike Lawley, FJ, 5:32.86; 2. Mitkus, FJ, 5:55.75; 3. Andre Delvalle, AW, 6:02.03. 200 freestyle relay: 1. FJ (Konicki, Jonas, Milligan, Petrosky), 1:42.99; 2. FJ, 1:48.81; 3. AW, 1:49.81. 100 backstroke: 1. Cohen, AW, 1:05.03. 100 breaststroke: 1. Andrew Gnias, AW, 1:23.57; 2. Rob Crossley, FJ, 1:50.03. 400 freestyle relay: 1. FJ (Long, Cameron, O'Brien, Hirst), 3:54.23; 2. FJ, 3:55.18; FJ, 4:08.15.

## Girls swimming

(Friday meet)

ARCHBISHOP WOOD 96, ST. HUBERT 74

200-yard medley relay: 1. AW (Christina Rios, Alyse Davis, Bridget Kerins, Bridget Gannon), 2:01.56; 2. SH, 2:03.31; 3. AW, 2:11.75. 200 freestyle: 1. Amy Finn, AW, 2:08.09; 2. Maria Petrosky, SH, 2:20.16; 3. Rachael Gnias, AW, 2:11.35. 200 individual medley: 1. Emily Smith, AW, 2:30.94; 2. MariKate Cook, AW, 2:33.35; 3.

Amanda Spaeder, SH, 2:34.90. 50 freestyle: 1. Rios, AW, 26.55; 2. Tara Robinson, SH, 26.87; 3. Davis, AW, 27.97. 100 butterfly: 1. Robinson, SH, 1:08.22; 2. Kerins, AW, 1:08.66; 3. Gannon, AW, 1:11.34. 100 freestyle: 1. Grace Cochrane, AW, 58.79; 2. Finn, AW, 1:01.53; 3. Erin Kistner, SH, 1:03.25. 500 freestyle: 1. Smith, AW, 5:59.24; 2. Cook, AW, 6:08.28; 3. Kim McEneaney, SH, 6:10.10. 200 freestyle relay: 1. AW (Gannon, Gnias, Kerins, Smith), 1:53.63; 2. SH, 1:54.13; 3. SH, 2:06.72. 100 backstroke: 1. Cochrane, AW, 1:07.32; 2. Rios, AW, 1:08.47; 3. Spaeder, SH, 1:11.13. 100 breaststroke: 1. Kelsey Hormont, SH, 1:15.99; 2. Jessica McGarry, SH, 1:20.60; 3. Kelsey Konrad, SH, 1:25.41. 400 freestyle relay: 1. SH (McEneaney, McGarry, Toner, Spaeder), 4:22.72; 2. SH, 4:44.15; 3. SH, 5:06.50.

## Girls swimming

CR-NORTH 124, ARCHBISHOP WOOD 59

200-yard medley relay: 1. AW (Christina Rios, Alyssa Davis, Grace Cochrane, Bridget Gannon), 1:59.79; 2. CRN, 2:00.60; 3. CRN, 2:05.48. 200 freestyle: 1. Taylor Kane, AW, 2:00.41; 2. Tori Hall, CRN, 2:04.27; 3. Sarah Wells, CRN, 2:04.99. 200 individual medley: 1. Kate Dillione, CRN, 2:20.22; 2. Melanie Craig, CRN, 2:23.20; 3. Sarah Rowlan, CRN, 2:30.25. 50 freestyle: 1. Maggie Dillione, CRN, 25.79; 2. Jenna Nowicke, CRN, 26.39; 3. Cochrane, AW, 26.87. Diving: 1. Sierra Finn, CRN; 2. Mandy Lohse, CRN; 3. Callie Crew, CRN. 100 butterfly: 1. K. Dillione, CRN, 1:00.86; 2. Cochrane, AW, 1:03.96; 3. Keirsten Winkler, CRN, 1:08.37. 100 freestyle: 1. Jessica Rauchut, CRN, 57.19; 2. Rios, AW, 57.49; 3. Abby Mitchell, CRN, 57.67. 500 freestyle: 1. Kane, AW, 5:21.05; 2. Bizzy Millen, CRN, 5:23.05; 3. M. Dillione, CRN, 5:27.58. 200 freestyle relay: 1. CRN (Hall, B. Millen, K. Dillione, M. Dillione), 1:43.03; 2. AW, 1:51.10; 3. CRN, 1:51.58. 100 backstroke: 1. Hall, CRN, 1:04.40; 2. Rios, AW, 1:06.05; 3. Wells, CRN, 1:07.36. 100 breaststroke: 1. M. Craig, CRN, 1:14.05; 2. Nowicke, CRN, 1:14.17; 3. Alex Minsky, CRN, 1:16.58. 400 freestyle relay: 1. CRN (Rauchut, B. Millen, K. Dillione, M. Dillione), 3:49.40; 2. AW, 3:50.47; 3. CRN, 4:03.65.

## Girls swimming

(Wednesday meet)

ARCHBISHOP WOOD 93, CARDINAL O'HARA 75

200-yard medley relay: 1. AW (Christina Rios, Alyse Davis, Grace Cochrane, Bridget Kerins), 2:00.89; 2. CO, 2:06.03; 3. AW, 2:08.29. 200 freestyle: 1. Amy Finn, AW, 2:08.49; 2. Rachael Gnias, AW, 2:10.37; 3. Courtney Rely, CO, 2:13.16. 200 individual medley: 1. Kelly Fleagald, CO, 2:19.52; 2. Taylor Kane, AW, 2:20.97; 3. K. McGrory, CO, 2:30.16. 50 freestyle: 1. Kate Erikson, CO, 27.18; 2. Cochrane, AW, 27.26; 3. Kate Harnisky, CO, 27.57. 100 butterfly: 1. Cochrane, AW, 1:02.95; 2. Kerins, AW, 1:07.35; 3. Danielle Hassord, CO, 1:09.07. 100 freestyle: 1. Rios, AW, 58.77; 2. Rely, CO, 1:00.28; 3. Katie Harnisky, CO, 1:00.44. 500 freestyle: 1. Kane, AW, 5:27.54; 2. Finn, AW, 5:50.53; 3. Gnias, AW, 5:52.30. 200 freestyle relay: 1. AW (Rios, Davis, Kane, Cochrane), 1:47.70; 2. CO, 1:49.59; 3. AW, 1:53.66. 100 backstroke: 1. Rios, AW, 1:06.35; 2. Sam Greiner, CO, 1:10.25; Amanda Hurlacher, AW, 1:12.56. 100 breaststroke: 1. Fleagald, CO, 1:13.99; 2. Davis, AW, 1:16.94; 3. Emily Smith, AW, 1:19.47. 400 freestyle relay: exhibition.