

Wood cruises past St. Hubert

Emily Smith and Grace Cochrane won two individual events apiece Friday, helping Archbishop Wood defeat St. Hubert, 96-74, in a Philadelphia Catholic League girls swim meet.

Smith prevailed in the 200-yard individual medley and 500 freestyle, and Cochrane won the 100 free and 100 backstroke.

Archbishop Wood 96, St. Hubert 74

200-yard medley relay: 1. Archbishop Wood (Christina Rios, Alyse Davis, Bridget Kerins, Bridget Gannon), 2:01.56; 2. St. Hubert, 2:03.31; 3. Archbishop Wood, 2:11.75

200 freestyle: 1. Amy Finn (AW), 2:08.09; 2. Rachael Gnias (AW), 2:11.35; 3. Megan Basgil (AW), 2:18.15
200 individual medley: 1. Emily Smith (AW), 2:30.94; 2. MariKate Cook (AW), 2:33.35; 3. Amanda Spaeder (SH), 2:34.90

50 freestyle: 1. Rios (AW), 26.55; 2. Tara Robinson (SH), 26.87; 3. Davis (AW), 27.97

100 butterfly: 1. Robinson (SH), 1:08.22; 2. Kerins (AW), 1:08.66; 3. Gannon (AW), 1:11.34

100 freestyle: 1. Grace Cochrane (AW), 58.79; 2. Finn (AW), 1:01.53; 3. Erin Kistner (SH), 1:03.25

500 freestyle: 1. Smith (AW), 5:59.24; 2. Cook (AW), 6:08.28; 3. Kim McErlan (SH), 6:10.10

200 freestyle relay: 1. Archbishop Wood (Gannon, Gnias, Kerins, Smith), 1:53.63; 2. St. Hubert, 1:54.13; 3. St. Hubert, 2:06.22

100 backstroke: 1. Cochrane (AW), 1:07.32; 2. Rios (AW), 1:08.47; 3. Spaeder (SH), 1:11.13

100 breaststroke: 1. Kelsey Homont (SH), 1:15.99; 2. Jess McGarry (SH), 1:20.60; 3. Kelsey Konrad (SH), 1:25.41

400 freestyle relay: 1. St. Hubert (McErlan, McGarry, Colleen Toner, Spaeder), 4:22.72; 2. St. Hubert, 4:44.15.

(Wednesday meet)

WOOD 103, ARCHBISHOP PRENDERGAST 67

200-yard medley relay: 1. AW (Davis, Kane, Cochrane, Whelan), 2:06.50; 2. AW, 2:06.51; 3. AP, 2:06.56. **200 freestyle:** 1. Rachael Gnias, AW, 2:13.48; 2. MariKate Cook, AW, 2:19.16; 3. Megan Basgil, AW, 2:20.94. **200 individual medley:** 1. Mackenzie Stewart, AP, 2:41.16; 2. Bridget Fenning, AP, 2:43.16; 3. Olivia Martino, AW, 2:54.22. **50 freestyle:** 1. Laura Nelling, AW, 20.09; 2. Colleen Gannon, AW, 28.99; 3. Caitlin McDonough, AP, 29.59. **100 butterfly:** 1. Alyse Davis, AW, 1:11.90; 2. Daniella Damico, AP, 1:13.34; 3. Amy Finn, AW, 1:14.00. **100 freestyle:** 1. McDonough, AP, 1:04.96; 2. Gannon, AW, 1:05.65; 3. Nelling, AW, 1:08.34. **500 freestyle:** 1. Gnias, AW, 6:02.90; 2. Cook, AW, 6:15.32; 3. Basgil, AW, 6:20.72. **200 freestyle relay:** 1. AP (Stewart, Sciubba, Fenning, Damico), 1:59.00; 2. AW, 2:00.79; 3. AW, 2:05.28. **100 backstroke:** 1. Fenning, AP, 1:17.48; 2. Emily Smith, AW, 1:20.34; 3. Kristen Sciubba, AP, 1:20.57. **100 breaststroke:** 1. Stewart, AP, 1:17.92; 2. Martino, AW, 1:25.65; 3. Jennifer Whelan, AW, 1:36.05. **400 freestyle relay:** 1. AW (Finn, Gannon, Gnias, Rios), 4:09.60; 2. AW, 4:30.94; 3. AP, 4:32.50.

Swimming

Wood tops Ryan

Archbishop Wood won every event but two in storming to a 107-63 Philadelphia Catholic League girls swimming win over host Archbishop Ryan Tuesday.

Roundup

Christina Rios, Grace Cochrane and Taylor Kane were all quadruple winners for the Vikings, who improved to 3-0 in the PCL and 3-1 overall.

Archbishop Wood 107, Archbishop Ryan 63

200-yard medley relay: 1. Archbishop Wood (Christina Rios, Alyse Davis, Bridget Kerins, Bridget Gannon), 1:59.07; 2. Archbishop Ryan, 1:59.59; 3. Archbishop Wood, 2:08.08

200 freestyle: 1. Taylor Kane (AW), 2:01.38; 2. Amy Finn (AW), 2:05.53; 3. Rachael Gnias (AW), 2:08.57

200 individual medley: 1. Grace Cochrane (AW), 2:18.88; 2. Sara Kuhn (AR), 2:23.19; 3. Davis (AW), 2:31.68

50 freestyle: 1. Allison Chardio (AR), 26.84; 2. Gannon (AW), 27.44; 3. Kerins (AW), 27.75

100 butterfly: 1. Cochrane (AW), 1:02.65; 2. Bridget Hennessey (AR), 1:06.37; 3. Emily Smith (AW), 1:08.61

100 freestyle: 1. Rios (AW), 57.15; 2. Chardio (AR), 1:00.18; 3. Gannon (AW), 1:01.91

500 freestyle: 1. Kane (AW), 5:25.75; 2. Hennessey (AR), 5:37.63; 3. Amy Finn (AW), 5:38.06

200 freestyle relay: 1. Archbishop Wood (Davis, Gannon, Kane, Cochrane), 1:48.22; 2. Archbishop Ryan, 1:51.69; 3. Archbishop Wood, 1:51.91

100 backstroke: 1. Rios (AW), 1:03.22; 2. Sara Kuhns (AR), 1:03.47; 3. Kim Lidinger (AR), 1:08.62

100 breaststroke: 1. Julianne Staskel (AR), 1:15.72; 2. Davis (AW), 1:15.81; 3. Smith (AW), 1:18.216

400 freestyle relay: 1. Archbishop Wood (Finn, Rios, Kane, Cochrane), 3:54.29; 2. Archbishop Ryan, 3:59.44; 3. Archbishop Ryan, 4:14.22

Record: AW (3-1, 3-0 PCL)

The sprint lane

Archbishop Wood won the overall girls team title at the Stroudsburg Winter Swim Classic. The Vikings scored 390 points to outdistance host Stroudsburg High School, which came in second with 216.5. Taylor Kane won the 200-yard freestyle in 2:00.12, bettering the meet record of 2:00.94 set in 1993. She also won the 500 freestyle (5:22.23). Grace Cochrane won the 200 individual medley (2:20.03), 100 butterfly (1:02.66) and 100 freestyle (57.10) while Christina Rios was first in the 100 backstroke (1:05.90), second in the 50 freestyle (26.47) and third in the 100 freestyle (57.96). Amy Finn took second in the 200 freestyle (2:06.88). Rios, Alyse Davis, Bridget Kerins and Emily Smith won the 200 medley relay (2:01.86) and Finn, Bridget Gannon, Kane and Cochrane won the 400 freestyle relay (3:56.59).

The Wood boys team was sixth overall at the Stroudsburg competition with 68 points. Greg Oprendeck finished third for the Vikings in the 100 breaststroke (1:09.44).

Girls swimming

Council Rock North 124, Archbishop Wood 59

200-yard medley relay: 1. AW (Christina Rios, Alyssa Davis, Grace Cochrane, Bridget Gannon), 1:59.79; 2. CRN, 2:00.60; 3. CRN, 2:05.48.

200 freestyle: 1. Taylor Kane (AW), 2:00.41; 2. Tori Hall (CRN), 2:04.27; 3. Sarah Wells (CRN), 2:04.99.

200 individual medley: 1. Kate Dillione (CRN), 2:20.22; 2. Melanie Craig (CRN), 2:23.20; 3. Sarah Rowlan (CRN), 2:30.25.

50 freestyle: 1. Maggie Dillione (CRN), 25.79; 2. Jenna Nowicke (CRN), 26.39; 3. Cochrane (AW), 26.87.

Diving: 1. Sierra Finn (CRN); 2. Mandy Lohse (CRN); 3. Callie Crew (CRN).

100 butterfly: 1. K. Dillione (CRN), 1:00.86; 2. Cochrane (AW), 1:03.96; 3. Keirsten Winkeler (CRN), 1:08.37.

100 freestyle: 1. Jessica Rauchut (CRN), 57.19; 2. Rios (AW), 57.49; 3. Abby Mitchell (CRN), 57.67.

500 freestyle: 1. Kane (AW), 5:21.05; 2. Bizzy Millen (CRN), 5:23.05; 3. M. Dillione (CRN), 5:27.58.

200 freestyle relay: 1. CRN (Hall, B. Millen, K. Dillione, M. Dillione), 1:43.03; 2. AW, 1:51.10; 3. CRN, 1:51.58.

100 backstroke: 1. Hall (CRN), 1:04.40; 2. Rios (AW), 1:06.05; 3. Wells (CRN), 1:07.36.

100 breaststroke: 1. M. Craig (CRN), 1:14.05; 2. Nowicke (CRN), 1:14.17; 3. Alex Minsky (CRN), 1:16.58.

400 freestyle relay: 1. CRN (Rauchut, B. Millen,

K. Dillione, M. Dillione), 3:49.40; 2. AW, 3:50.47; 3. CRN, 4:03.65.