

# Archbishop Wood Swim Team Information Sheet

2022 – 2023 Season

## Head Coach Information:

Brendon McGhee

Cell Phone: ?

Email: [swim@archwood.org](mailto:swim@archwood.org)

## Practice Information:

Monday thru Friday 8PM to 10PM @ William Tennent High School

Saturday 3:30PM to 6:30 PM @ William Tennent High School (except for meets)

Home Meets: Saturday 3:30PM to 6:30 PM @ William Tennent High School

Dryland Practice @ Wood (To be confirmed)

To be scheduled

First Day of Practice: Friday November 18<sup>th</sup>, 2022

## Christmas Practice Schedule:

TBD

Information on practice, meet, holiday schedules and any changes will be posted on the Archbishop Wood Swim Team web site at <https://www.woodswimming.org>

All registration for the school and swim team will be done online this year. Registering for a sport will be done through the FamilyID web portal from the Wood website. You will still need physicals but only have to turn in the Section VI of the form which can be uploaded. There will no sports cards given out.

## Required Items:

Practice suit, something to drink (water, Gatorade) and goggles.

Swim Team suit. Chosen by the swim team. Prices vary but approximately \$45.00 for boys and \$60.00 for girls.

Swim Team apparel, shirts and sweats are optional and will be offered during the beginning of the season. Please use <https://kampusklothes.chipply.com/woodswimming/>