

Well here we are again in the wonderful world of white. Due to the continuing winter wonderland we call the 2014 swim season, our championship meets will probably fall prey to another hot shot storm I like to call just another day in paradise. There are three scenarios that can take place.

Scenario one:

The snow storm is not as bad as predicted and we run both meets as planned on Friday and Saturday. The first day will start with the PCL championship meet at Widener University on Friday morning with warmup at 7:00 am with the meet starting at 8:30 am. The meet will be over around noon. The District 12 Championship meet will be held at LaSalle University with warmup at 5:00 pm and the meet starting at 6:00 pm. The Diving for the District 12 Championship meet will be held on Friday at LaSalle University with at warmup at 3:30 pm and the diving competition starting at 4:00 pm.

Scenario two:

The snow storm is heavy but clears up enough to have the District 12 Championship on Friday night but not the PCL Championship meet on Friday morning. In this Scenario we will start with the first day of the District 12 Championships Friday night at LaSalle University with warmup at 5:00 pm and the meet starting at 6:00 pm. On Saturday we will start with the PCL championship meet at Widener University with warmup at 7:00 am and the meet starting at 8:30 am. The PCL Championship meet will start with the Saturday program which is day two in the meet program. Then day two of the District 12 Championships will complete at LaSalle University with warmup at 5:00 pm and the meet starting at 6:00 pm. Sunday we will complete the PCL Championship meet at Widener University with the day one program with warmup starting at 11:30 am and the meet starting at 1:00pm. The PCL meet should be over between 4:00 and 5:00 pm. Diving for the District 12 Championship meet will be held either Friday or Saturday depending on the severity of the storm and will be held at LaSalle University with warmup at 3:30 pm and the meet starting at 4:00 pm.

Scenario three:

The storm is pretty bad and everything is closed down on Thursday and Friday. In this scenario we will just shift both meets to Saturday and Sunday with the same start times as scenario one.

I will not know which scenario will take place until tomorrow around 8:00 pm and as soon as I find out I will let everyone know by text. Those who are not swimming in the District 12 Championship meet are encouraged to attend the meet if possible and experience the meet first hand. There is not bus transportation so swimmers must come to the meet with either their parents or car pool with other swimmers. Any swimmers who have problems getting transportation must let me know early so we can find you a ride. It is important at the swimmers get as much rest at possible and not do strenuous activities. No sledding and avoid shoveling snow if at all possible as this could cause fatigue for the meet. There is no shaving at the meet so this must be done at home the night before the meet.

Here are some notes for each meet:

The PCL Championship meet. This meet will take place at the Swartz athletic center at Widener University which is located at Melrose Avenue and 17<sup>th</sup> Street in Chester, PA. There is no parking in the parking lot behind the athletic center where the pool is because the lot is too small. So parents can drop off the swimmers at the back door where the pool is and park in one of the two lots located on 17<sup>th</sup> street between Walnut Street and Melrose Avenue. This is only a two block walk to the pool. 17<sup>th</sup> Street is a one way street so to park you turn right on Melrose Avenue after you drop off the swimmers and then make the first left turn on 16<sup>th</sup> Street, go up to Walnut and take another left and back down on

17<sup>th</sup> Street then into one of the two parking lots. On Friday or Sunday Wood will have a room off the pool for the swimmers to relay during the meet. On Saturday there will be extra space for the girls in additional locker rooms and for the boys there will be extra space outside the boys locker room. There is no going through the gym at all during either day of the meet and entrance to the meet will only be through the back doors. The front doors look tempting but please do not try to enter in the front of the athletic center as there is other activities going on in the gym and fieldhouse. Please do not try to park anywhere outside of the University as you may get your car towed and it is safer on campus with the campus security watching the area on Widener University property only. Swimmers should not take any valuables to the meet that will not be with them as there has been items taken during the bigger meets when items were left unattended. There are no balloons or signs with tape allowed at the meet. Seniors will be recognized on the second day of the meet just before the meet starts which will be either Saturday or Sunday. The seating area at Widener is smaller than the one at LaSalle so it may be somewhat cramped quarters. This meet will determine letter winners and All-Catholic selections.

The District 12 Championship meet. This meet will take place at the Kirk athletic center at LaSalle University which is located at 1900 West Olney Avenue in Philadelphia, PA. There is a parking lot two blocks past the athletic center on the right in the shopping center on Olney Avenue or in the LaSalle parking lot which is located if you turn left at the first light past the athletic center. There is plenty of seating. This meet will determine who swims in the PIAA state championship meet at Bucknell University in March.

The meet program:

Day One – Breaks after the 200 IM and 100 Butterfly

1. 200 Medley Relay
2. 200 Freestyle
3. 200 Individual Medley
4. 50 Freestyle
5. 100 Butterfly
6. 200 Freestyle Relay

Day Two – Breaks after the 500 Freestyle and 100 Breaststroke

1. 100 Freestyle
2. 500 Freestyle
3. 100 Backstroke
4. 100 Breaststroke
5. 400 Freestyle Relay

Directions:

Widener University

Take the Turnpike west to the I476 exit south (Blue Route). Bear right off the exit to go south. Follow I-476 South to exit 1 McDade Boulevard. Bear right onto McDade Boulevard west go three lights and turn left on Melrose Avenue (there is a left turning lane). Go four stop signs and turn left onto E 17<sup>th</sup> Street and follow to the athletic center. Go around back bearing right for the drop off at the back doors. Follow 17<sup>th</sup> street back up to Melrose Avenue, turn right on Melrose, go one street and turn left onto 16<sup>th</sup> street, follow to Walnut, turn left on Walnut, then left on 17<sup>th</sup> Street again and park in one of the two parking lots.

### LaSalle University

Take York Road south towards Philadelphia. This ends at Broad Street, bear left onto Broad Street and follow about one mile down and turn right on Olney Avenue. The Kirk Athletic Center is on the Left about ½ mile on Olney Avenue. Drop off the swimmers and park in the LaSalle parking lot on the next light on the left or in the parking lot past the first light in the shopping center.