

PIAA Required Dives for 2010-2011 Season

Week Beginning	Required Dive
December 6th 2010	Forward Group
December 12th 2010	Back Group
December 20th 2010	Inward Group
December 27th 2010	Twisting Group
January 3rd 2011	Reverse Group
January 10th 2011	Forward Group
January 17th 2011	Back Group
January 24th 2011	Inward Group
January 31st 2011	Twisting Group
February 7th 2011	Reverse Group
February 14th 2011	Forward Group
February 21st 2011	Back Group