

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Wood High School 1) Fitzgerald, Alexandra B 32.60 35.61 27.06	A 2) Davis, Alyse A 26.62	2:01.00 3) Cochrane, Grace E	2:01.89 4) Kerins, Bridget K	32
2 East Stroudsburg South 1) Shaw, Amanda 33.24 33.79 31.23	A 2) Anger, Lacey 26.23	2:04.00 3) Menio, Sarah	2:04.49 4) Yang, Lena	26
3 Stroudsburg High School 1) Rose, Jessica 33.00 34.04 30.74	A 2) Dunigan, Alex 26.93	2:01.74 3) Banks, Avanti	2:04.71 4) Kuchinkas, Shelby	24
4 Pocono Mt. West 1) Refolo, Melissa 33.47 32.16 30.79	A 2) Jordan, Liz 28.37	2:03.19 3) Merritt, Amber	2:04.79 4) Keppol, Amber	22
5 Crestwood High School 1) Grzech, Breanna 30.15 35.96 30.30	A 2) Blass, Brittany 28.59	2:04.42 3) Brown, Lindsay	2:05.00 4) Abramcheck, Annie	20
6 Kittatinny Regional High School 1) Quinn, Savannah 34.27 33.93 29.47	A 2) Welles, Michelle 28.68	1:57.73 3) Jacinto, Amanda	2:06.35 4) Tooker, Emily	18
7 Jefferson Township High School 1) Good, Courtney 32.05 35.00 30.45	A 2) Buglino, Carly 28.86	2:00.89 3) Freeman, Kristina	2:06.36 4) Jackson, Rita	14
8 Tunkhannock High School 1) Hoskins, Eileen 34.79 37.31 31.25	A 2) Womer, Tori 26.59	2:11.76 3) Halloran, Stephani	2:09.94 4) Dymond, Stephanie	10
9 Little Flower High School 1) Foley, Jen 33.29 36.47 32.30	A 2) Holmes, Lindsey 28.69	2:08.00 3) Thomas, Emily	2:10.75 4) Jusino, Myah	8
10 High Point Regional High School 1) Tracy, Michelle 34.34 37.61 31.66	A 2) Winfield, Kara 28.84	2:06.10 3) Dispenziere, Ashley	2:12.45 4) Martin, Madyson	6
11 Archbishop Wood High School 1) Cook, MariKate A 33.94 36.49 34.78	B 2) McGrath, Bridget A 29.31	2:14.00 3) Colbridge, Jacqueline G	2:14.52 4) Gannon, Colleen	4
12 Stroudsburg High School 1) Sine, Emily 35.67 37.38 32.68	B 2) Keaney, Quinn 30.80	2:11.38 3) Blum, Heather	2:16.53 4) Ongkeo, Ashley	2
13 High Point Regional High School 1) Porraspita, Amanda 35.64 37.85 35.11	B 2) Mutch, Amy 28.20	2:14.81 3) VanGlahn, Megan	2:16.80 4) Walton, Emily	
14 East Stroudsburg South 1) Finn, Rosie 33.73 40.15 33.55	B 2) Bower, Kelsey 31.59	2:12.09 3) Echeverry, Valaria	2:19.02 4) Johnson, Aleda	
15 Kittatinny Regional High School 1) Engels, Grace 34.79 39.71 34.33	B 2) Tracey, Jill 32.62	NT 3) Freund, Christine	2:21.45 4) Morlock, Breezy	
16 Little Flower High School 1) Sheehan, Samantha 38.87 43.54 31.28	B 2) Martinez, Stephanie 28.02	2:13.00 3) Oxley, Megan	2:21.71 4) Denofa, Monica	
17 East Stroudsburg North 1) Pilato, Chelsea 35.56 40.02 38.52	A 2) Cruz, Priscilla 30.14	2:25.04 3) Haese, Amanda	2:24.24 4) Rosser, Giselle	

2009 Stroudsburg Winter Swim Classic - 1/3/2009

Stroudsburg High School
Results**(Event 1 Women 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
18 Stroudsburg High School	C	2:17.92	2:24.73	
1) Luna, Nicole	2) Juschitsch, Jaimie	3) Butz, Emily	4) Rios, Leanne	
37.92 36.54 36.07	34.20			
19 Kittatinny Regional High Sch	C	NT	2:34.28	
1) Grablutz, Jenna	2) Kandel, Katherine L	3) Salcone, Sarah	4) Lipiec, Carolyn	
42.99 41.95 35.33	34.01			
20 Crestwood High School	B	2:34.56	2:36.40	
1) Papa, Kristina	2) Bruell, Audrey	3) Rosser, Katie	4) Roberts, Kailey	
39.89 43.94 37.96	34.61			
21 Pocono Mt. West	B	2:41.54	2:40.25	
1) Niewiarowska, Ali	2) Morton, Kelsie	3) Argot, Rebecca	4) Dimitriou, Alexandra	
47.84 40.98 31.27	40.16			
22 Crestwood High School	C	2:36.77	2:51.53	
1) Roberts, Sarah	2) Metzger, Lindsay	3) Inciti, Chelsea	4) Lee, Amanda	
44.38 47.78 44.61	34.76			
--- Archbishop Wood High Scho	D	2:26.00	X2:40.79	
1) Walsh, Danielle M	2) Karensky, Karley E	3) Harney, Caitlin A	4) Santospago, JulieAnne	
48.91 39.94 38.80	33.14			
--- Archbishop Wood High Scho	C	2:21.00	DQ	
1) Harney, Madeline M	2) Knott, Kathryn G	3) Martino, Olivia A	4) Hutson, Emily	
38.57 37.31 34.46	30.37			

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Father Judge High School	A	1:46.42	1:44.41	32
1) Lawley, Mike	2) Gettes, Jarred	3) Moore, Nick	4) Petrosky, Steven	
26.81 28.99 24.80	23.81			
2 Stroudsburg High School	A	1:46.97	1:48.38	26
1) Cawley, Matt	2) Fried, Brian	3) Bradley, Chris	4) Pickarski, Chris	
26.94 31.24 26.31	23.89			
3 East Stroudsburg North	A	1:45.35	1:50.03	24
1) Vazquez, Stephan	2) Woods, Daniel	3) Gambino, Danny	4) Brower, Zack	
28.95 30.87 27.19	23.02			
4 Father Judge High School	B	1:56.00	1:51.48	22
1) Hirst, Matt	2) Ozimkiewicz, Kevin	3) Long, Jim	4) Walls, Shawn	
29.26 29.43 27.10	25.69			
5 Tunkhannock High School	A	1:51.57	1:52.67	20
1) Kupchunas, Matt	2) Tsikalas, Rob	3) Siegel, Josh	4) Venn, Stefen	
28.93 32.25 26.86	24.63			
6 Father Judge High School	C	1:58.00	1:53.02	18
1) Cameron, Tyler	2) Harner, Jake	3) Beuerle, Jon	4) Gasparo, Nick	
29.86 29.62 28.12	25.42			
7 East Stroudsburg South	A	1:55.23	1:55.23	14
1) Bartlett, Keenan	2) Hess, Mike	3) Skoranski, Allen	4) Dennis, Jon	
31.25 31.40 28.64	23.94			
8 Jefferson Township High Sch	A	1:49.34	1:55.70	10
1) Hanisch, Leif	2) Silbernagel, Nolan	3) Jauch, Dan	4) Geiss, Greg	
30.27 29.45 29.14	26.84			
9 Roman Catholic High School	A	1:59.27	1:57.43	8
1) Sheridan, Avery	2) Paul, Steve	3) Keown, Gabe	4) Metzinger, Steve	
29.88 36.80 24.78	25.97			
10 High Point Regional High Sch	A	1:54.82	1:57.66	6
1) Bayconich, Steve	2) Kristiansen, Tyler	3) Giarratana, Derek	4) Masker, Paul	
31.00 33.84 26.95	25.87			

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 2 Men 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
11 Archbishop Wood High School 1) Conway, Christopher J 31.36 31.66 30.39	A 2) Oprendek, Gregory T 26.13	1:57.56 3) McGuckin, Kevin A	1:59.54 4) Delvalle, Andre F	4
12 Pocono Mt. West 1) Abbazio, Chris 31.42 34.37 27.12	A 2) Benitez, Juan 27.11	1:51.02 3) Abbazio, Brendon	2:00.02 4) LaRocco, Oliver	2
13 Tunkhannock High School 1) McCloskey, Connor 30.43 37.07 28.31	B 2) Kanyok, Gerald 27.33	2:00.62 3) Linden, Chris	2:03.14 4) Siegel, Jake	
14 Pocono Mt. West 1) Jaimes, Marco 31.56 35.06 30.80	B 2) Adams, John 25.74	2:02.77 3) Learn, Jimmy	2:03.16 4) Zweirzynski, Nick	
15 Roman Catholic High School 1) Vogel, Daniel 31.89 37.65 28.66	B 2) Presel, Nick 28.29	2:04.99 3) Presel, Robert	2:06.49 4) Klimiuk, Erich	
16 High Point Regional High School 1) Hirkaler, Travis 35.37 37.83 29.06	B 2) McBride, Mike 26.62	2:03.09 3) Gilmore, Chris	2:08.88 4) Ziegler, Jack	
17 Pocono Mt. West 1) Bamberger, Christian 33.70 38.01 31.34	C 2) Gerling, Owen 28.35	2:21.66 3) Young, Devon	2:11.40 4) Maisonave, Justin	
18 East Stroudsburg South 1) Helbers, Josh 36.26 34.44 31.16	B 2) Marcogliese, Dominic 30.12	2:20.98 3) Hardy, Nicholas	2:11.98 4) Althouse, Travis	
19 Jefferson Township High School 1) Masticola, Connor 39.64 36.18 35.63	B 2) McLeod, Nick 29.89	NT 3) Woolridge, Wade	2:21.34 4) Kelly, Shane	

Event 3 Women 200 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Kane, Taylor B 27.96 30.16 31.02	Archbishop Wood High School 31.06	2:00.31	2:00.20	16
2 Menio, Sarah 29.81 32.21 33.18	East Stroudsburg South 32.97	2:09.12	2:08.17	13
3 Smith, Emily K 29.91 33.10 34.44	Archbishop Wood High School 35.42	2:13.19	2:12.87	12
4 Kuchinkas, Shelby 28.93 32.35 35.26	Stroudsburg High School 36.90	2:11.95	2:13.44	11
5 Refolo, Melissa 30.93 33.83 35.23	Pocono Mt. West 35.43	2:13.19	2:15.42	10
6 Basgil, Megan S 31.07 34.28 35.91	Archbishop Wood High School 35.21	2:25.14	2:16.47	9
7 Brunngraber, Erica 31.08 34.40 36.46	High Point Regional High School 36.08	2:13.59	2:18.02	7
8 Randall, Bethany 31.28 36.10 38.11	Stroudsburg High School 35.43	2:20.82	2:20.92	5
9 Kearns, Julie 31.83 36.21 37.62	East Stroudsburg South 35.64	2:25.67	2:21.30	4
10 Hoskins, Eileen 32.34 36.01 37.76	Tunkhannock High School 36.34	2:23.44	2:22.45	3
11 Halner, Kristina M 32.76 32.77 37.90	Archbishop Wood High School 39.25	2:35.00	2:22.68	2

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 3 Women 200 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
12 Ilch, Erin 31.91 36.50 37.78 36.67	Stroudsburg High School	2:21.88	2:22.86	1
13 Pilato, Chelsea 33.02 36.57 37.55 37.15	East Stroudsburg North	2:23.09	2:24.29	
14 McCurdy, Megan 33.73 36.39 38.34 36.97	Little Flower High School	2:27.38	2:25.43	
15 Kozlowski, Erica 33.66 37.68 39.17 36.05	Kittatinny Regional High Schoo	2:26.33	2:26.56	
16 Johnson, Danielle 33.17 37.13 38.45 38.13	Kittatinny Regional High Schoo	2:24.87	2:26.88	
17 Gress, Anna 32.17 36.95 39.06 39.74	East Stroudsburg South	2:26.43	2:27.92	
18 English, Brittany 32.13 36.55 39.92 39.72	High Point Regional High Schoo	2:27.56	2:28.32	
19 Kent, Kristen 32.49 37.24 40.38 38.75	High Point Regional High Schoo	2:25.89	2:28.86	
20 Zarzecki, Nicole 33.92 37.24 39.95 38.42	Jefferson Township High School-NJ	2:26.96	2:29.53	
21 Suitch, Mollie 32.92 37.46 39.96 39.30	Crestwood High School	2:19.05	2:29.64	
22 Brunngraber, Kara 33.54 37.13 39.34 39.95	High Point Regional High Schoo	2:30.28	2:29.96	
23 McLaughlin, Corinne 33.41 37.82 40.74 39.34	Jefferson Township High School-NJ	2:26.96	2:31.31	
24 Palmer, Morgan 33.58 38.17 40.40 39.44	Tunkhannock High School	2:42.00	2:31.59	
25 Holmes, Judy 34.41 39.28 40.55 40.17	Little Flower High School	2:40.07	2:34.41	
26 Luna, Nicole 36.25 40.55 41.75 38.10	Stroudsburg High School	2:48.44	2:36.65	
27 Moffet, Megan 32.48 38.32 43.94 43.14	Little Flower High School	NT	2:37.88	
28 Morlock, Breezy 34.77 40.55 42.51 40.48	Kittatinny Regional High Schoo	2:35.31	2:38.31	
29 Cruz, Priscilla 34.74 40.95 42.89 40.53	East Stroudsburg North	2:43.21	2:39.11	
30 Hall, Patricia 34.57 40.00 42.46 42.86	Little Flower High School	2:38.91	2:39.89	
31 Carey, Brittney 37.23 41.53 43.44 42.08	East Stroudsburg North	2:41.60	2:44.28	
32 Miro, Marisa 37.78 43.12 47.28 54.66	East Stroudsburg North	3:00.00	3:02.84	
--- Currenti, Katelyn 47.71 54.41 56.55 21.82	Jefferson Township High School-NJ	3:26.26	DQ	

Event 4 Men 200 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Cawley, Matt 26.11 29.29 30.00 28.62	Stroudsburg High School	1:51.28	1:54.02	16
2 Ozimkiewicz, Kevin 26.88 29.91 30.90 30.24	Father Judge High School	1:58.36	1:57.93	13
3 Lawley, Mike 27.35 30.63 31.86 29.06	Father Judge High School	1:58.05	1:58.90	12

2009 Stroudsburg Winter Swim Classic - 1/3/2009

Stroudsburg High School
Results

(Event 4 Men 200 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
4 Gambino, Danny 28.69	East Stroudsburg North 30.58	2:02.71	2:01.13	11
5 Venn, Stefen 26.95 29.10 32.38 33.81	Tunkhannock High School	2:00.13	2:02.24	10
6 Jackson, Mark 27.18 30.33 32.26 33.36	High Point Regional High Schoo	2:01.38	2:03.13	9
7 Favini, John 28.47 31.18 32.67 30.89	East Stroudsburg South	2:01.43	2:03.21	7
8 Cutler, Niles 27.74 31.12 32.44 32.39	Kittatinny Regional High Schoo	2:00.62	2:03.69	5
9 O'Brien, Joe 29.07 31.26 32.50 31.73	Father Judge High School	2:05.51	2:04.56	4
10 Novak, David 28.29 31.34 33.09 32.12	Tunkhannock High School	2:03.62	2:04.84	3
11 Hirst, Matt 29.46 31.58 32.31 32.07	Father Judge High School	2:05.29	2:05.42	2
12 Donovan, Kevin 28.05 31.03 33.65 33.17	Stroudsburg High School	2:01.91	2:05.90	1
13 Bartlett, Keenan 28.96 32.48 33.52 32.21	East Stroudsburg South	2:09.43	2:07.17	
14 Delvalle, Andre F 28.56 32.25 33.77 32.73	Archbishop Wood High School	2:15.00	2:07.31	
15 Bove, Gene 29.85 32.91 34.48 32.07	High Point Regional High Schoo	2:07.86	2:09.31	
16 Miller, David 29.15 33.12 34.91 33.39	East Stroudsburg North	2:16.93	2:10.57	
17 Hardy, Nicholas 30.54 33.15 34.81 32.72	East Stroudsburg South	2:18.79	2:11.22	
18 McGuire, Matt 31.49 34.22 34.58 32.73	Jefferson Township High School-NJ	2:13.59	2:13.02	
19 McParland, Shane 29.98 34.39 38.06 37.02	Roman Catholic High School	2:19.74	2:19.45	
20 Young, Devon 31.16 35.03 37.27 36.48	Pocono Mt. West	2:12.17	2:19.94	
*21 Duffy, Jon 31.07 35.71 36.70 36.50	East Stroudsburg North	2:19.14	2:19.98	
*21 Chiniewicz, Robert 30.75 35.22 37.19 36.82	Stroudsburg High School	2:27.61	2:19.98	
23 Learn, Jimmy 30.36 34.59 1:16.98	Pocono Mt. West	2:22.38	2:21.82	
24 Galinski, Michael 30.17 35.23 39.03 38.72	Kittatinny Regional High Schoo	2:25.53	2:23.15	
25 Hirkaler, Travis 30.81 36.43 40.64 39.86	High Point Regional High Schoo	2:21.17	2:27.74	
26 Thum, Andrew 31.48 37.62 40.60 39.68	Roman Catholic High School	2:24.67	2:29.38	
27 Dunne, Paul 33.97 37.65 38.54 40.72	Roman Catholic High School	2:19.86	2:30.88	
28 Maisonave, Justin 33.14 38.74 40.81 40.68	Pocono Mt. West	2:25.19	2:33.37	
29 Vladimirov, Nikolay 31.55 38.05 41.90 43.90	Roman Catholic High School	2:21.42	2:35.40	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 4 Men 200 Yard Freestyle)**

	Name				School	Seed Time	Finals Time	Points
30	Trezza, Anthony				Stroudsburg High School	2:34.92	2:36.17	
	35.30	39.66	41.14	40.07				
31	Campbell, Dillon				Kittatinny Regional High Schoo	2:48.66	2:44.36	
	34.89	39.47	44.65	45.35				
32	Ashley, Jim				High Point Regional High Schoo	2:25.46	2:50.04	
	32.55	37.64	1:18.54	21.31				
33	Woolridge, Wade				Jefferson Township High School-NJ	NT	2:53.50	
	34.59	40.79	45.01	53.11				
34	Wilson, Tyler				Kittatinny Regional High Schoo	3:01.66	2:59.11	
	39.53	46.08	47.22	46.28				
---	Nolter, Bill				Father Judge High School	2:20.86	X2:21.18	
	30.53	36.00	38.66	35.99				

Event 5 Women 200 Yard IM

	Name				School	Seed Time	Finals Time	Points
1	Solt, Victoria				Palmerton High School	2:13.29	2:14.47	16
	29.41	34.41	40.45	30.20				
2	Cochrane, Grace E				Archbishop Wood High School	2:22.00	2:17.28	13
	29.80	34.66	41.23	31.59				
3	Womer, Tori				Tunkhannock High School	2:34.90	2:31.14	12
	33.89	37.87	44.92	34.46				
4	Rose, Jessica				Stroudsburg High School	2:29.25	2:31.16	11
	33.37	36.48	45.65	35.66				
5	Thomas, Emily				Little Flower High School	2:33.17	2:31.41	10
	32.42	39.24	45.14	34.61				
6	Dunigan, Alex				Stroudsburg High School	2:27.95	2:31.93	9
	33.08	40.27	43.22	35.36				
7	Welles, Michelle				Kittatinny Regional High Schoo	2:31.05	2:32.21	7
	31.85	39.28	44.89	36.19				
8	Davis, Alyse A				Archbishop Wood High School	2:35.00	2:34.73	5
	32.46	41.58	44.93	35.76				
9	Brown, Lindsay				Crestwood High School	2:34.00	2:34.82	4
	32.61	39.42	48.21	34.58				
10	Halloran, Stephani				Tunkhannock High School	2:32.56	2:34.98	3
	33.54	39.01	46.78	35.65				
11	Seraut, Lauren				East Stroudsburg North	2:34.67	2:35.56	2
	34.96	40.46	44.25	35.89				
12	Ritter, Samantha				High Point Regional High Schoo	2:32.51	2:36.14	1
	34.73	40.49	45.76	35.16				
13	Cook, MariKate A				Archbishop Wood High School	2:36.00	2:37.17	
	35.35	38.21	47.43	36.18				
14	Foley, Jen				Little Flower High School	2:40.07	2:38.84	
	33.03	38.80	50.78	36.23				
15	Cotter, Eliza				High Point Regional High Schoo	2:31.21	2:40.21	
	33.25	39.07	50.10	37.79				
16	Tracy, Michelle				High Point Regional High Schoo	2:38.74	2:43.44	
	35.86	41.55	47.41	38.62				
17	Nugent, Danielle				Kittatinny Regional High Schoo	2:45.28	2:45.58	
	37.73	44.15	46.65	37.05				
18	Quinn, Savannah				Kittatinny Regional High Schoo	2:45.45	2:48.33	
	35.66	42.30	53.12	37.25				
19	Keaney, Quinn				Stroudsburg High School	2:49.55	2:49.72	
	40.36	45.74	43.53	40.09				

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 5 Women 200 Yard IM)**

Name				School	Seed Time	Finals Time	Points
20	Finn, Rosie			East Stroudsburg South	2:52.67	2:50.26	
	35.85	41.07	55.38	37.96			
21	Freeman, Kristina			Jefferson Township High School-NJ	2:44.23	2:50.60	
	33.43	41.72	52.46	42.99			
22	Harney, Madeline M			Archbishop Wood High School	2:55.94	2:56.28	
	35.58	44.43	55.50	40.77			
23	Rincavage, Katie			Tunkhannock High School	3:00.71	2:59.76	
	41.52	46.70	50.75	40.79			
24	Butz, Emily			Stroudsburg High School	3:06.50	3:00.17	
	37.93	47.44	54.03	40.77			
25	Haese, Amanda			East Stroudsburg North	2:59.81	3:04.97	
	39.81	45.78	56.56	42.82			
26	Kandel, Katherine L			Kittatinny Regional High Schoo	3:05.72	3:09.65	
	41.56	49.24	56.87	41.98			
27	Leyland, Emily			Little Flower High School	3:04.11	3:11.76	
	43.01	48.08	56.86	43.81			

Event 6 Men 200 Yard IM

Name				School	Seed Time	Finals Time	Points
1	Keown, Gabe			Roman Catholic High School	2:08.06	2:08.63	16
	26.24	31.79	38.98	31.62			
2	Greer, Shaun			High Point Regional High Schoo	2:09.46	2:10.11	13
	27.07	32.81	40.39	29.84			
3	Opredek, Gregory T			Archbishop Wood High School	2:11.50	2:11.51	12
	28.08	34.21	38.10	31.12			
4	Harner, Jake			Father Judge High School	2:12.37	2:12.73	11
	28.95	34.26	38.61	30.91			
5	Silbernagel, Nolan			Jefferson Township High School-NJ	NT	2:13.15	10
	28.14	33.85	39.09	32.07			
6	Kanaley, Mark			Stroudsburg High School	2:15.34	2:15.28	9
	27.53	33.62	41.06	33.07			
7	Gettes, Jarred			Father Judge High School	2:12.38	2:15.71	7
	29.53	35.72	37.49	32.97			
8	Ozimkiewicz, Kyle			Father Judge High School	2:20.54	2:19.99	5
	30.10	35.61	42.17	32.11			
9	Peilmeier, Karl			Palmerton High School	2:19.85	2:20.35	4
	31.16	35.75	40.90	32.54			
10	Murray, Eric			Father Judge High School	2:20.15	2:22.52	3
	31.57	38.19	40.68	32.08			
11	Rodgers, Alex			Jefferson Township High School-NJ	2:18.05	2:22.84	2
	29.66	37.07	40.95	35.16			
12	Hess, Mike			East Stroudsburg South	2:24.06	2:23.15	1
	30.53	39.20	38.65	34.77			
13	Tsikalas, Rob			Tunkhannock High School	2:17.25	2:24.05	
	29.03	38.57	41.31	35.14			
14	Lahann, Luke			Roman Catholic High School	2:25.99	2:24.44	
	31.10	36.75	43.21	33.38			
15	Maniscalco, Christopher			Kittatinny Regional High Schoo	2:25.50	2:26.61	
	30.95	35.99	43.15	36.52			
16	Michniewicz, Andy			Stroudsburg High School	2:30.53	2:27.39	
	30.93	39.32	42.42	34.72			
17	Glowatski, Sean			Kittatinny Regional High Schoo	2:28.18	2:30.34	
	31.27	37.59	48.22	33.26			

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 6 Men 200 Yard IM)**

Name	School	Seed Time	Finals Time	Points
18 Gerardi, Jim 32.55 40.71 42.47 35.55	East Stroudsburg South	2:30.60	2:31.28	
19 Streebel, Steven 29.68 38.70 49.88 34.72	East Stroudsburg North	2:30.28	2:32.98	
20 LaRocco, Oliver 30.82 39.45 47.36 37.31	Pocono Mt. West	NT	2:34.94	
21 Howarth, Christopher 32.81 38.69 48.14 35.44	Kittatinny Regional High Schoo	2:31.81	2:35.08	
22 Bayconich, Steve 32.63 38.18 47.00 38.01	High Point Regional High Schoo	2:28.51	2:35.82	
23 Rosica, Patrick 30.46 41.28 47.99 36.60	Kittatinny Regional High Schoo	2:36.65	2:36.33	
24 Jauch, Dan 30.26 42.56 46.04 37.80	Jefferson Township High School-NJ	2:35.65	2:36.66	
25 Paul, Steve 34.26 41.13 45.29 36.26	Roman Catholic High School	2:38.68	2:36.94	
26 Linden, Chris 30.92 42.47 46.21 38.34	Tunkhannock High School	2:40.31	2:37.94	
27 Kristiansen, Tyler 34.00 42.25 46.29 36.29	High Point Regional High Schoo	2:39.32	2:38.83	
28 McBride, Mike 32.84 41.59 45.53 40.06	High Point Regional High Schoo	2:40.02	2:40.02	
29 Strunk, Colin 34.60 38.60 53.51 34.11	Pocono Mt. West	2:37.48	2:40.82	
30 Bamberger, Christian 34.56 41.33 53.05 39.74	Pocono Mt. West	2:50.83	2:48.68	
31 Mee, Ian A 34.77 45.94 50.30 41.82	Archbishop Wood High School	2:44.31	2:52.83	
32 Slipe, Ryan 38.82 49.34 57.45 41.45	East Stroudsburg North	2:46.45	3:07.06	
33 Velazquez, Marc 36.47 49.46 1:00.81 46.71	East Stroudsburg North	3:11.56	3:13.45	
--- Field, Evan 32.40 37.70 40.37 32.65	Father Judge High School	2:22.92	X2:23.12	
--- Borowski, Greg 31.49 35.85 45.79 37.04	Father Judge High School	2:23.94	X2:30.17	

Event 7 Women 50 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Jordan, Liz	Pocono Mt. West	26.60	25.06	16
2 Yang, Lena	East Stroudsburg South	26.23	26.25	13
3 Grzech, Breanna	Crestwood High School	26.14	26.58	12
4 Kerins, Bridget K	Archbishop Wood High School	27.50	27.05	11
5 Banks, Avanti	Stroudsburg High School	26.46	27.17	10
6 Dymond, Stephanie	Tunkhannock High School	26.99	27.36	9
7 Good, Courtney	Jefferson Township High School-NJ	27.15	27.41	7
8 Martin, Madyson	High Point Regional High Schoo	27.76	27.67	5
9 Mendez, Michelle	Stroudsburg High School	28.42	27.81	4
10 Walton, Emily	High Point Regional High Schoo	29.23	28.51	3
11 Tooker, Emily	Kittatinny Regional High Schoo	27.77	28.70	2
12 Denofa, Monica	Little Flower High School	28.78	28.84	1
13 Keppol, Amber	Pocono Mt. West	28.42	29.10	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 7 Women 50 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
14 Riutort, Angelique	East Stroudsburg South	28.86	29.20	
15 Rosser, Giselle	East Stroudsburg North	29.99	29.46	
16 Deegan, Barbara B	Archbishop Wood High School	29.50	29.53	
17 Jackson, Rita	Jefferson Township High School-NJ	28.99	29.62	
18 Gannon, Colleen	Archbishop Wood High School	29.50	29.63	
19 Ruzicka, Emily A	Archbishop Wood High School	29.56	29.73	
20 Engels, Grace	Kittatinny Regional High School	29.96	29.93	
21 Paredes, Veronica	East Stroudsburg North	29.65	30.07	
22 Kanaley, Kelly	Stroudsburg High School	29.31	30.08	
23 Horn, Christine	Little Flower High School	29.99	30.13	
24 English, Brittany	High Point Regional High School	30.60	30.28	
25 Jusino, Myah	Little Flower High School	30.01	31.07	
26 Rivera, Enecia	East Stroudsburg South	30.79	31.38	
27 Sine, Emily	Stroudsburg High School	30.49	31.82	
28 Scheffler, Brooke	Tunkhannock High School	32.19	32.27	
29 Dispenziere, Ashley	High Point Regional High School	31.00	32.28	
30 Rosser, Katie	Crestwood High School	31.73	32.88	
31 Gaeta, Samantha	East Stroudsburg North	30.45	33.28	
32 Mowry, Jessica	Tunkhannock High School	33.20	33.38	
33 Lee, Amanda	Crestwood High School	36.01	35.15	
34 Phillips, Courtney	Little Flower High School	37.50	35.18	
35 Goetz, Amanda	East Stroudsburg North	32.00	35.29	
36 Niewiarowska, Ali	Pocono Mt. West	38.55	38.22	
37 Galfo, Marissa	Jefferson Township High School-NJ	NT	38.57	
38 Woo, Elizabeth	Jefferson Township High School-NJ	37.02	49.83	
39 Polynice, Carolyn	Tunkhannock High School	NT	50.91	
--- Coffin, Hannah	Crestwood High School	37.67	X34.45	
--- Papa, Kristina	Crestwood High School	33.83	X35.23	
--- Inciti, Chelsea	Crestwood High School	36.50	X36.00	

Event 8 Men 50 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Ongkeo, Monty	Stroudsburg High School	23.31	23.48	16
2 Laforney, Nate	Crestwood High School	23.69	23.58	13
3 Woods, Daniel	East Stroudsburg North	23.61	23.65	12
4 Petrosky, Steven	Father Judge High School	23.62	23.90	11
5 Dennis, Jon	East Stroudsburg South	24.50	23.91	10
6 Carr, Dan	Kittatinny Regional High School	23.84	24.02	9
7 Brower, Zack	East Stroudsburg North	23.73	24.04	7
8 Pickarski, Chris	Stroudsburg High School	23.88	24.64	5
9 Hanisch, Leif	Jefferson Township High School-NJ	25.39	24.92	4
10 Montante, Lou	East Stroudsburg North	24.51	25.03	3
11 Bradley, Chris	Stroudsburg High School	24.71	25.17	2
12 Bone, Gary D	Archbishop Wood High School	26.91	25.40	1
13 Lamore, Pete	Crestwood High School	25.91	25.43	
14 Giarratana, Derek	High Point Regional High School	25.80	25.85	
15 Long, Jim	Father Judge High School	25.80	26.03	
16 Walls, Shawn	Father Judge High School	25.71	26.13	
17 Milligan, Brian	Father Judge High School	25.87	26.17	
18 Rodgers, Alex	Jefferson Township High School-NJ	25.83	26.29	
19 Rosica, Patrick	Kittatinny Regional High School	NT	26.36	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 8 Men 50 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
20 Fowler, Ryan	Tunkhannock High School	26.05	26.38	
21 Siegel, Jake	Tunkhannock High School	25.88	26.53	
22 Gambino, Vinny	East Stroudsburg North	26.04	26.56	
23 Young, Devon	Pocono Mt. West	27.41	26.89	
24 Ziegler, Jack	High Point Regional High School	27.26	26.94	
25 Gnias, Andrew J	Archbishop Wood High School	28.00	26.96	
26 Adams, John	Pocono Mt. West	28.23	26.98	
27 Masker, Paul	High Point Regional High School	26.93	27.16	
28 Vogel, Daniel	Roman Catholic High School	28.96	27.19	
*29 Gerling, Owen	Pocono Mt. West	27.91	27.26	
*29 Mazepa, Brandon	Palmerton High School	27.94	27.26	
31 McCloskey, Quin	Tunkhannock High School	27.55	27.40	
32 Haldeman, Chase	Tunkhannock High School	27.88	27.46	
33 Conway, Christopher J	Archbishop Wood High School	28.50	27.62	
34 Snyder, Jake	Crestwood High School	28.57	28.15	
35 Hauth, Kendall	East Stroudsburg South	29.87	28.51	
36 Kealey, Connor K	Archbishop Wood High School	28.50	28.60	
37 Bezotsky, Andrew	Roman Catholic High School	28.73	28.81	
38 Brown, Kevin	Roman Catholic High School	28.72	29.00	
39 Kelly, Shane	Jefferson Township High School-NJ	30.37	30.18	
40 Conners, Kyle	East Stroudsburg South	29.95	30.32	
41 Kuhn, Dan	Jefferson Township High School-NJ	36.40	30.40	
42 Bender, Branden	Crestwood High School	33.85	31.18	
43 Heismeyer, Jack	High Point Regional High School	NT	32.18	
44 Dimitrio, Steve	Pocono Mt. West	NT	34.91	
--- Gasparo, Nick	Father Judge High School	26.89	X26.34	
--- Lock, Tyler	Father Judge High School	27.12	X26.81	
--- Ferry, Joe	Father Judge High School	27.53	X27.42	
--- Milligan, Matt	Father Judge High School	26.95	X27.42	
--- Devine, Nick	Father Judge High School	27.80	X27.67	
--- Barth, Bryan	Father Judge High School	26.87	X27.67	
--- Jonas, Michael	Father Judge High School	28.75	X29.03	
--- Crossley, Rob	Father Judge High School	31.39	X31.47	

Event 11 Women 100 Yard Butterfly

Name	School	Seed Time	Finals Time	Points
1 Cochrane, Grace E 28.48 32.52	Archbishop Wood High School	1:02.00	1:01.00	16
2 Solt, Victoria 29.07 32.36	Palmerton High School	1:01.73	1:01.43	13
3 Kerins, Bridget K 30.33 36.80	Archbishop Wood High School	1:05.00	1:07.13	12
4 Oxley, Megan 31.76 35.78	Little Flower High School	1:07.15	1:07.54	11
5 Ubhaus, Jackie 31.64 37.02	Jefferson Township High School-NJ	NT	1:08.66	10
6 Thomas, Emily 32.07 36.98	Little Flower High School	1:07.10	1:09.05	9
7 Ritter, Samantha 32.61 36.56	High Point Regional High School	1:08.75	1:09.17	7

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 11 Women 100 Yard Butterfly)**

Name	School	Seed Time	Finals Time	Points
8 Banks, Avanti 32.55 38.11	Stroudsburg High School	1:09.76	1:10.66	5
9 Foley, Jen 32.52 38.66	Little Flower High School	1:08.50	1:11.18	4
10 Merritt, Amber 33.63 38.31	Pocono Mt. West	1:09.94	1:11.94	3
11 Freeman, Kristina 33.36 39.24	Jefferson Township High School-NJ	1:11.29	1:12.60	2
12 Argot, Rebecca 32.87 39.91	Pocono Mt. West	1:13.10	1:12.78	1
13 Dispenziere, Ashley 33.40 39.55	High Point Regional High Schoo	1:14.31	1:12.95	
14 Freund, Christine 33.84 39.52	Kittatinny Regional High Schoo	1:14.31	1:13.36	
15 Randall, Bethany 33.92 40.85	Stroudsburg High School	1:14.68	1:14.77	
16 Abramcheck, Annie 35.11 40.80	Crestwood High School	1:11.95	1:15.91	
17 Rodriguez, Gina 35.88 42.68	East Stroudsburg North	1:17.35	1:18.56	
18 Calascibetta, Melissa 35.06 44.38	Kittatinny Regional High Schoo	1:20.06	1:19.44	
19 Echeverry, Valaria 35.58 45.35	East Stroudsburg South	1:23.68	1:20.93	
20 Butz, Emily 39.01 42.77	Stroudsburg High School	1:17.61	1:21.78	
21 Greer, Ashley 37.44 45.11	High Point Regional High Schoo	1:24.61	1:22.55	
22 Colbridge, Jacqueline G 36.68 46.68	Archbishop Wood High School	1:26.84	1:23.36	
23 Keithline, Jackie 38.28 47.83	Tunkhannock High School	1:27.91	1:26.11	
24 Haese, Amanda 40.66 45.77	East Stroudsburg North	1:27.60	1:26.43	
25 VanGlahn, Megan 38.57 48.98	High Point Regional High Schoo	NT	1:27.55	
26 Martell, Mel 38.72 48.88	Stroudsburg High School	1:24.51	1:27.60	
27 Cruz, Priscilla 40.57 47.51	East Stroudsburg North	1:38.97	1:28.08	
28 Harney, Caitlin A 41.65 49.14	Archbishop Wood High School	1:24.56	1:30.79	
29 Miro, Marisa 42.94 55.06	East Stroudsburg North	1:36.34	1:38.00	
--- Riutort, Angelique 39.97 45.94	East Stroudsburg South	1:27.70	DQ	

Event 12 Men 100 Yard Butterfly

Name	School	Seed Time	Finals Time	Points
1 Keown, Gabe 26.15 30.05	Roman Catholic High School	57.50	56.20	16
2 Moore, Nick 26.21 30.03	Father Judge High School	56.71	56.24	13

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 12 Men 100 Yard Butterfly)**

Name	School	Seed Time	Finals Time	Points
3 Laforney, Nate 25.44 30.94	Crestwood High School	56.28	56.38	12
4 Ozimkiewicz, Kevin 27.65 31.86	Father Judge High School	58.80	59.51	11
5 Venn, Stefen 27.48 32.38	Tunkhannock High School	1:01.07	59.86	10
6 Kupchunas, Matt 27.93 32.00	Tunkhannock High School	1:00.59	59.93	9
7 Woods, Daniel 27.82 32.15	East Stroudsburg North	59.37	59.97	7
8 Lamore, Pete 28.52 33.27	Crestwood High School	1:03.68	1:01.79	5
9 Abbazio, Chris 27.78 34.36	Pocono Mt. West	1:00.52	1:02.14	4
10 Cutler, Niles 28.88 34.27	Kittatinny Regional High Schoo	1:03.61	1:03.15	3
11 Siegel, Josh 28.78 34.38	Tunkhannock High School	1:01.66	1:03.16	2
12 Bradley, Chris 29.33 34.03	Stroudsburg High School	1:02.42	1:03.36	1
13 Long, Jim 28.96 34.61	Father Judge High School	1:02.78	1:03.57	
14 Fried, Brian 29.96 34.40	Stroudsburg High School	1:05.37	1:04.36	
15 Giarratana, Derek 29.76 35.10	High Point Regional High Schoo	1:03.39	1:04.86	
16 Skoranski, Allen 30.44 34.50	East Stroudsburg South	1:05.45	1:04.94	
17 Cameron, Tyler 29.89 36.13	Father Judge High School	1:05.80	1:06.02	
18 Barrieres, Stefan 30.38 37.02	East Stroudsburg North	1:07.43	1:07.40	
19 LaRocco, Oliver 30.98 36.56	Pocono Mt. West	1:07.06	1:07.54	
20 Maniscalco, Christopher 32.22 35.89	Kittatinny Regional High Schoo	NT	1:08.11	
21 Jauch, Dan 31.25 37.22	Jefferson Township High School-NJ	1:07.97	1:08.47	
22 Montante, Lou 32.40 36.61	East Stroudsburg North	1:09.00	1:09.01	
23 Geiss, Greg 31.93 37.98	Jefferson Township High School-NJ	NT	1:09.91	
24 Gilmore, Chris 31.49 38.58	High Point Regional High Schoo	1:10.76	1:10.07	
25 Rosica, Patrick 31.73 38.38	Kittatinny Regional High Schoo	1:09.62	1:10.11	
26 Jaimes, Marco 31.01 39.45	Pocono Mt. West	1:09.16	1:10.46	
27 McGuckin, Kevin A 32.94 37.79	Archbishop Wood High School	1:13.43	1:10.73	
28 Learn, Jimmy 33.73 41.07	Pocono Mt. West	1:10.63	1:14.80	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 12 Men 100 Yard Butterfly)**

Name	School	Seed Time	Finals Time	Points
29 Miller, David 33.06 42.48	East Stroudsburg North	1:12.75	1:15.54	
30 Sweeney, Jude 37.14 40.59	Roman Catholic High School	1:23.01	1:17.73	
31 Bagnall, Zach 36.87 41.44	Jefferson Township High School-NJ	1:14.89	1:18.31	
32 Presel, Nick 35.59 43.49	Roman Catholic High School	1:18.31	1:19.08	
33 Schmitz, Kyle 35.77 43.56	High Point Regional High Schoo	1:19.52	1:19.33	
34 Ashley, Jim 36.05 47.30	High Point Regional High Schoo	1:20.39	1:23.35	
35 Tracey, Eric 40.01 48.86	Kittatinny Regional High Schoo	1:25.00	1:28.87	
36 Yan, Henderson 40.64 49.83	Roman Catholic High School	1:27.60	1:30.47	
37 Knapp, Jeremy 52.26 1:10.21	Jefferson Township High School-NJ	2:06.51	2:02.47	
--- Beuerle, Jon 30.18 37.00	Father Judge High School	1:06.55	X1:07.18	
--- Paul, Kevin 32.35 36.98	Father Judge High School	1:10.80	X1:09.33	

Event 13 Women 100 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Solt, Victoria 26.80 28.44	Palmerton High School	54.10	55.24	16
2 Blass, Brittany 27.44 29.58	Crestwood High School	56.88	57.02	13
3 Smith, Emily K 28.60 30.99	Archbishop Wood High School	59.69	59.59	12
4 Cotter, Eliza 29.23 30.71	High Point Regional High Schoo	1:00.11	59.94	11
5 Shaw, Amanda 29.43 31.41	East Stroudsburg South	1:01.34	1:00.84	10
6 Womer, Tori 29.89 31.64	Tunkhannock High School	1:01.00	1:01.53	9
7 Brown, Lindsay 29.19 32.54	Crestwood High School	59.93	1:01.73	7
8 Mendez, Michelle 29.41 32.68	Stroudsburg High School	1:02.60	1:02.09	5
9 Fitzgerald, Alexandra B 29.80 32.87	Archbishop Wood High School	1:02.00	1:02.67	4
10 Buglino, Carly 30.16 32.65	Jefferson Township High School-NJ	1:01.23	1:02.81	3
11 Gress, Anna 30.87 33.56	East Stroudsburg South	1:03.67	1:04.43	2
12 Walton, Emily 30.50 33.99	High Point Regional High Schoo	1:05.47	1:04.49	1
13 Denofa, Monica 31.17 34.00	Little Flower High School	1:06.00	1:05.17	
14 Brunngraber, Erica 29.83 35.47	High Point Regional High Schoo	59.96	1:05.30	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 13 Women 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
15 Keppol, Amber 31.46 33.91	Pocono Mt. West	1:07.27	1:05.37	
16 Kent, Kristen 31.36 34.27	High Point Regional High Schoo	1:06.42	1:05.63	
17 Kozlowski, Erica 31.57 34.30	Kittatinny Regional High Schoo	1:05.58	1:05.87	
18 Jacinto, Arianna 30.56 35.35	Kittatinny Regional High Schoo	1:05.97	1:05.91	
19 Johnson, Danielle 31.80 34.43	Kittatinny Regional High Schoo	1:04.58	1:06.23	
20 Gannon, Colleen 31.33 35.19	Archbishop Wood High School	1:03.00	1:06.52	
21 Henn, Sarah 31.63 34.99	Tunkhannock High School	1:05.13	1:06.62	
22 Ruzicka, Emily A 31.33 35.33	Archbishop Wood High School	1:05.00	1:06.66	
23 Kanaley, Kelly 32.74 34.77	Stroudsburg High School	1:07.27	1:07.51	
24 Rosser, Giselle 32.40 35.17	East Stroudsburg North	1:10.84	1:07.57	
25 Jackson, Rita 32.29 35.33	Jefferson Township High School-NJ	1:04.51	1:07.62	
26 Blum, Heather 32.53 35.23	Stroudsburg High School	1:11.49	1:07.76	
27 Paredes, Veronica 32.53 35.25	East Stroudsburg North	1:08.17	1:07.78	
28 McLaughlin, Corinne 32.64 36.13	Jefferson Township High School-NJ	1:10.50	1:08.77	
29 Suitch, Mollie 33.05 36.30	Crestwood High School	1:03.03	1:09.35	
30 Johnson, Aleda 33.13 37.11	East Stroudsburg South	NT	1:10.24	
31 Morton, Kelsie 32.60 38.33	Pocono Mt. West	1:13.72	1:10.93	
32 Gerek, Alex 33.91 37.07	Tunkhannock High School	1:10.30	1:10.98	
33 Jusino, Myah 33.45 37.70	Little Flower High School	1:08.00	1:11.15	
34 Scheffler, Brooke 33.50 37.84	Tunkhannock High School	1:12.20	1:11.34	
35 Ongkeo, Ashley 33.84 38.90	Stroudsburg High School	1:11.64	1:12.74	
36 Carey, Brittney 35.76 38.82	East Stroudsburg North	1:12.64	1:14.58	
37 Roberts, Kailey 36.87 40.12	Crestwood High School	1:22.00	1:16.99	
38 Horn, Jessica 44.42 37.18	Little Flower High School	NT	1:21.60	
39 Coffin, Hannah 37.89 44.21	Crestwood High School	NT	1:22.10	
40 Campbell, Megan 37.76 46.19	Little Flower High School	1:15.57	1:23.95	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 13 Women 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
41 Burke, Chloe 39.82 45.71	East Stroudsburg North	1:35.89	1:25.53	
42 Niewiarowska, Ali 39.56 47.80	Pocono Mt. West	NT	1:27.36	
43 Roberts, Sarah 42.69 44.80	Crestwood High School	1:25.00	1:27.49	
44 Urban, Kristen 42.83 49.49	Jefferson Township High School-NJ	1:34.27	1:32.32	
45 Dimitriou, Alexandra 42.66 49.93	Pocono Mt. West	1:30.68	1:32.59	
--- Papa, Kristina 36.46 42.20	Crestwood High School	1:22.80	X1:18.66	

Event 14 Men 100 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Lawley, Mike 24.70 27.32	Father Judge High School	52.71	52.02	16
2 Pessolano, Louis 23.95 29.15	Jefferson Township High School-NJ	NT	53.10	13
3 Brower, Zack 25.86 27.41	East Stroudsburg North	53.07	53.27	12
4 Vazquez, Stephan 26.08 27.72	East Stroudsburg North	55.01	53.80	11
5 Ongkeo, Monty 25.63 28.27	Stroudsburg High School	52.51	53.90	10
6 Kanaley, Mark 26.59 27.99	Stroudsburg High School	53.10	54.58	9
7 Carr, Dan 26.40 28.26	Kittatinny Regional High Schoo	54.13	54.66	7
8 Petrosky, Steven 26.46 28.31	Father Judge High School	54.90	54.77	5
9 Hanisch, Leif 26.67 28.30	Jefferson Township High School-NJ	55.19	54.97	4
10 O'Brien, Joe 26.65 29.46	Father Judge High School	56.37	56.11	3
11 McCloskey, Connor 27.14 29.50	Tunkhannock High School	58.00	56.64	2
12 Abbazio, Brendon 27.17 29.71	Pocono Mt. West	55.87	56.88	1
13 Cutler, Niles 28.00 29.37	Kittatinny Regional High Schoo	56.95	57.37	
14 Zweirzynski, Nick 27.21 30.64	Pocono Mt. West	58.61	57.85	
15 Bove, Gene 28.08 29.87	High Point Regional High Schoo	58.07	57.95	
16 Gleason, Chris 27.83 30.30	Father Judge High School	59.61	58.13	
17 Fowler, Ryan 28.45 29.85	Tunkhannock High School	1:01.31	58.30	
18 Zabriskie, Jeremy 28.50 30.05	High Point Regional High Schoo	57.80	58.55	
19 Bone, Gary D 27.18 31.44	Archbishop Wood High School	59.61	58.62	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 14 Men 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
20 Metzinger, Steve 28.14 31.17	Roman Catholic High School	59.91	59.31	
21 Mazepa, Brandon 29.10 31.10	Palmerton High School	1:01.09	1:00.20	
*22 Presel, Robert 27.77 32.59	Roman Catholic High School	59.68	1:00.36	
*22 McParland, Shane 29.51 30.85	Roman Catholic High School	1:02.31	1:00.36	
24 Benitez, Juan 29.37 31.15	Pocono Mt. West	1:02.04	1:00.52	
25 Linden, Chris 28.18 32.36	Tunkhannock High School	1:06.53	1:00.54	
26 Strunk, Colin 28.69 33.06	Pocono Mt. West	1:06.05	1:01.75	
27 Masker, Paul 28.66 34.12	High Point Regional High Schoo	1:03.22	1:02.78	
28 Haldeman, Chase 30.25 32.88	Tunkhannock High School	1:05.45	1:03.13	
29 Chiniewicz, Robert 29.45 34.26	Stroudsburg High School	1:06.97	1:03.71	
30 Kealey, Connor K 30.80 33.06	Archbishop Wood High School	1:03.00	1:03.86	
31 Pellington, Connor 30.25 33.90	East Stroudsburg North	1:05.00	1:04.15	
32 Thum, Andrew 30.56 34.32	Roman Catholic High School	1:04.83	1:04.88	
33 Snyder, Jake 30.66 34.83	Crestwood High School	1:03.43	1:05.49	
34 Mee, Ian A 32.45 35.41	Archbishop Wood High School	1:02.00	1:07.86	
35 Hauth, Kendall 32.54 36.33	East Stroudsburg South	1:07.12	1:08.87	
36 Tracey, Eric 32.34 36.93	Kittatinny Regional High Schoo	1:04.83	1:09.27	
37 Althouse, Travis 32.76 37.56	East Stroudsburg South	1:09.34	1:10.32	
38 Jaramillo, Joe 33.35 38.24	East Stroudsburg North	1:11.11	1:11.59	
39 Kelly, Shane 33.18 38.46	Jefferson Township High School-NJ	NT	1:11.64	
40 Bender, Branden 33.70 39.68	Crestwood High School	1:09.73	1:13.38	
41 Conners, Kyle 34.04 39.37	East Stroudsburg South	1:08.23	1:13.41	
42 Heismeyer, Jack 34.78 42.60	High Point Regional High Schoo	NT	1:17.38	
43 Knapp, Jeremy 48.48 55.99	Jefferson Township High School-NJ	1:48.03	1:44.47	
--- Gasparo, Nick 27.91 31.89	Father Judge High School	1:00.29	X59.80	
--- Rosenello, Eric 28.42 31.45	Father Judge High School	1:01.86	X59.87	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 14 Men 100 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
--- Lock, Tyler 27.99 31.99	Father Judge High School	1:00.37	X59.98	
--- Donahue, Mike 29.38 31.17	Father Judge High School	1:01.59	X1:00.55	
--- Milligan, Matt 29.92 32.71	Father Judge High School	1:03.51	X1:02.63	
--- Ferry, Joe 29.32 33.33	Father Judge High School	1:02.75	X1:02.65	
--- McAteer, Jason 30.97 32.76	Father Judge High School	1:05.28	X1:03.73	
--- Jonas, Michael 31.41 33.93	Father Judge High School	1:04.85	X1:05.34	
--- Barth, Kyle 31.46 34.24	Father Judge High School	1:04.69	X1:05.70	

Event 15 Women 500 Yard Freestyle

Name	School	Seed Time	Finals Time	Points
1 Kane, Taylor B 28.96 31.57 32.41 32.19 32.56 32.62 32.27 32.43 32.56 31.08	Archbishop Wood High School	5:15.00	5:18.65	16
2 Menio, Sarah 30.29 32.58 33.10 33.74 33.58 33.71 33.58 33.87 33.93 33.13	East Stroudsburg South	5:38.67	5:31.51	13
3 Buglino, Lindsey 29.90 33.46 34.18 34.89 35.23 35.29 35.86 36.01 35.45 35.19	Jefferson Township High School-NJ	5:33.61	5:45.46	12
4 Kuchinkas, Shelby 30.85 33.59 35.64 35.59 36.07 36.78 37.30 37.27 37.78 35.89	Stroudsburg High School	6:00.13	5:56.76	11
5 Dymond, Stephanie 30.81 34.64 36.40 37.79 38.14 37.94 37.82 36.88 37.36 34.55	Tunkhannock High School	6:09.00	6:02.33	10
6 Basgil, Megan S 31.85 34.93 36.53 36.85 37.35 37.65 37.97 38.44 37.50 35.62	Archbishop Wood High School	6:15.00	6:04.69	9
7 Ilch, Erin 32.83 36.23 37.85 38.42 37.82 38.76 39.29 39.48 39.26 36.37	Stroudsburg High School	6:20.11	6:16.31	7
8 Kearns, Julie 32.79 37.38 38.95 38.16 40.20 40.09 38.91 39.47 38.44 36.02	East Stroudsburg South	6:23.45	6:20.41	5
9 Frazier, Kristen 33.34 36.78 38.86 39.38 39.66 40.17 39.86 39.59 38.31 36.53	East Stroudsburg North	6:27.80	6:22.48	4
10 Freund, Christine 34.34 38.91 40.76 41.31 40.92 41.31 40.84 40.65 39.75 38.23	Kittatinny Regional High School	6:41.06	6:37.02	3
11 Kozlowski, Erica 35.11 39.33 41.22 41.02 40.30 41.12 41.26 40.48 40.39 37.04	Kittatinny Regional High School	6:34.55	6:37.27	2
12 Zarzecki, Nicole 34.15 39.57 40.86 41.11 41.38 40.86 41.02 40.84 40.36 38.02	Jefferson Township High School-NJ	6:46.41	6:38.17	1

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 16 Men 500 Yard Freestyle)**

Name	School	Seed Time	Finals Time	Points
14 Glowatski, Sean	Kittatinny Regional High School	5:57.03	6:02.37	
29.90 34.06 36.66 38.15 37.38 38.77 37.75 38.40				
37.73 33.57				
15 McGuire, Matt	Jefferson Township High School-NJ	6:00.00	6:02.41	
32.06 35.38 36.48 37.33 37.33 37.61 37.16 37.21				
36.85 35.00				
16 Lahann, Luke	Roman Catholic High School	5:32.31	6:07.34	
30.03 33.95 36.00 37.12 38.03 38.38 38.87 39.20				
38.40 37.36				
17 Streebel, Steven	East Stroudsburg North	6:08.58	6:11.18	
31.04 34.87 36.05 37.76 37.68 38.69 39.81 40.13				
38.65 36.50				
18 Bagnall, Zach	Jefferson Township High School-NJ	6:06.38	6:39.43	
35.40 39.06 41.74 41.06 40.70 40.96 41.50 40.75				
40.68 37.58				

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Wood High School	A	1:50.00	1:48.66	32
1) Davis, Alyse A	2) Smith, Emily K	3) Fitzgerald, Alexandra B	4) Kane, Taylor B	
27.96 26.97 27.39 26.34				
2 Crestwood High School	A	1:52.95	1:49.04	26
1) Grzech, Breanna	2) Blass, Brittany	3) Brown, Lindsay	4) Abramcheck, Annie	
27.05 28.57 27.72 25.70				
3 High Point Regional High School	A	1:50.30	1:52.54	24
1) Brunngraber, Erica	2) Ritter, Samantha	3) Cotter, Eliza	4) Martin, Madyson	
27.97 28.94 28.69 26.94				
4 East Stroudsburg South	A	1:56.89	1:55.33	22
1) Anger, Lacey	2) Echeverry, Valaria	3) Kearns, Julie	4) Gress, Anna	
28.46 30.15 28.44 28.28				
5 Pocono Mt. West	A	1:52.59	1:55.50	20
1) Refolo, Melissa	2) Merritt, Amber	3) Keppol, Amber	4) Argot, Rebecca	
29.08 28.63 29.00 28.79				
6 East Stroudsburg North	A	2:05.98	1:56.13	18
1) Seraut, Lauren	2) Rosser, Giselle	3) Rodriguez, Gina	4) Frazier, Kristen	
29.42 29.69 29.05 27.97				
7 Stroudsburg High School	A	1:59.18	1:56.97	14
1) Mendez, Michelle	2) Randall, Bethany	3) Ilch, Erin	4) Kanaley, Kelly	
27.85 29.39 30.18 29.55				
8 Archbishop Wood High School	B	1:58.00	1:57.03	10
1) Gannon, Colleen	2) Ruzicka, Emily A	3) Whelan, Jennifer L	4) McGrath, Bridget A	
30.37 29.00 29.01 28.65				
9 Archbishop Wood High School	C	2:01.00	1:59.83	8
1) Knott, Kathryn G	2) Basgil, Megan S	3) Halner, Kristina M	4) Deegan, Barbara B	
29.69 30.17 30.48 29.49				
10 Kittatinny Regional High School	A	1:53.53	2:00.56	6
1) Tooker, Emily	2) Quinn, Savannah	3) Johnson, Danielle	4) Kozlowski, Erica	
29.78 30.06 30.54 30.18				
11 Jefferson Township High School	A	1:49.16	2:00.93	4
1) Buglino, Carly	2) Zarzecki, Nicole	3) McLaughlin, Corinne	4) Freeman, Kristina	
28.82 31.76 31.64 28.71				
12 Tunkhannock High School	A	1:59.02	2:02.15	2
1) Hoskins, Eileen	2) Henn, Sarah	3) Gerek, Alex	4) Palmer, Morgan	
30.48 28.77 31.53 31.37				

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 17 Women 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
13 High Point Regional High Sch 1) Porraspita, Amanda 30.40 31.91 31.54	B 2) Mutch, Amy 28.97	1:59.84 3) Kent, Kristen	2:02.82 4) Walton, Emily	
14 Kittatinny Regional High Sch 1) Calascibetta, Melissa 30.93 30.62 32.61	B 2) Nugent, Gabrielle 29.94	NT 3) Engels, Ashley	2:04.10 4) Nugent, Danielle	
15 Stroudsburg High School 1) Sine, Emily 31.80 31.35 31.12	B 2) Blum, Heather 31.94	2:05.70 3) Juschitsch, Jaimie	2:06.21 4) Martell, Mel	
16 High Point Regional High Sch 1) Genetelli, Katie 31.31 32.51 33.04	C 2) Dispenziere, Ashley 32.79	2:03.18 3) VanGlahn, Megan	2:09.65 4) Brunngraber, Kara	
17 Little Flower High School 1) Campbell, Megan 36.89 32.00 30.21	A 2) Gayoush, Lindsey 30.70	2:02.00 3) Moffet, Megan	2:09.80 4) Horn, Christine	
18 Little Flower High School 1) Lees, Katie 33.77 31.72 32.05	B 2) Powrozvik, Emily 36.39	NT 3) Horn, Jessica	2:13.93 4) Defrancisco, Gina	
19 Stroudsburg High School 1) King, Lacey 32.93 36.67 33.89	C 2) Martell, Brenda 32.58	2:20.19 3) Rios, Leanne	2:16.07 4) Streck, Mariah	
20 East Stroudsburg South 1) Kearns, Alison 32.64 38.48 35.06	B 2) Rivera, Enecia 30.83	2:02.54 3) Joffe, Kaitlyn	2:17.01 4) Rashkova, Milena	
21 Crestwood High School 1) Coffin, Hannah 35.05 36.75 31.53	B 2) Bruell, Audrey 34.29	2:09.60 3) Rosser, Katie	2:17.62 4) Roberts, Kailey	
22 Crestwood High School 1) Roberts, Sarah 42.05 35.51 36.50	C 2) Metzger, Lindsay 35.12	2:27.70 3) Inciti, Chelsea	2:29.18 4) Lee, Amanda	
23 Pocono Mt. West 1) Morton, Kelsie 32.14 37.35 43.75	B 2) Niewiarowska, Ali 38.69	2:30.80	2:31.93 4) Dimitriou, Alexandra	
24 Kittatinny Regional High Sch 1) Grablutz, Jenna 35.31 39.86 36.29	C 2) Maio, Jessica 41.95	NT 3) Opitz, Erin	2:33.41 4) Gargin, Alexis	
25 Jefferson Township High Sch 1) Woo, Elizabeth 41.95 38.09 42.19	B 2) Currenti, Katelyn 34.97	NT 3) Urban, Kristen	2:37.20 4) Galfo, Marissa	
--- Archbishop Wood High Scho 1) Hutson, Emily 31.21 34.02 30.57	D 2) Karensky, Karley E 30.09	2:10.00 3) Martino, Olivia A	X2:05.89 4) Colbridge, Jacqueline G	

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 East Stroudsburg North 1) Brower, Zack 24.30 24.05 23.25	A 2) Montante, Lou 23.24	1:36.11 3) Vazquez, Stephan	1:34.84 4) Woods, Daniel	32
2 Stroudsburg High School 1) Ongkeo, Monty 24.08 23.98 24.03	A 2) Kanaley, Mark 24.29	1:36.05 3) Pickarski, Chris	1:36.38 4) Donovan, Kevin	26
3 Jefferson Township High Sch 1) Silbernagel, Nolan 25.63 23.84 26.09	B 2) Rodgers, Alex 23.16	NT 3) Hanisch, Leif	1:38.72 4) Pessolano, Louis	24

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 18 Men 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Father Judge High School 1) Gettes, Jarred 25.83 25.16 25.18	A 2) Long, Jim 24.39	1:37.84 3) Walls, Shawn	1:40.56 4) Petrosky, Steven	22
5 High Point Regional High Sch 1) Jackson, Mark 26.56 25.02 25.19	A 2) Greer, Shaun 24.29	1:42.28 3) Zabriskie, Jeremy	1:41.06 4) Giarratana, Derek	20
6 Kittatinny Regional High Sch 1) Cutler, Niles 26.93 23.90 25.43	A 2) Carr, Dan 25.66	1:42.75 3) Rosica, Patrick	1:41.92 4) Howarth, Christopher	18
7 Father Judge High School 1) Paul, Kevin 25.52 25.98 26.13	B 2) Cameron, Tyler 25.66	1:44.56 3) Borowski, Greg	1:43.29 4) Milligan, Brian	14
8 East Stroudsburg South 1) Dennis, Jon 24.47 26.24 26.05	A 2) Skoranski, Allen 27.32	1:42.16 3) Favini, John	1:44.08 4) Gerardi, Jim	10
9 Archbishop Wood High Schoo 1) Opredek, Gregory T 26.09 27.60 27.39	A 2) McGuckin, Kevin A 26.33	1:43.97 3) Bone, Gary D	1:47.41 4) Delvalle, Andre F	8
10 Tunkhannock High School 1) Novak, David 26.42 26.76 27.05	A 2) Fowler, Ryan 27.49	1:43.84 3) Siegel, Josh	1:47.72 4) McCloskey, Connor	6
11 Stroudsburg High School 1) Bradley, Chris 25.56 29.09 25.19	B 2) Chiniewicz, Robert 28.13	1:40.29 3) Fried, Brian	1:47.97 4) Michniewicz, Andy	4
12 Father Judge High School 1) Beuerle, Jon 27.04 27.46 26.81	C 2) Devine, Nick 26.73	1:52.00 3) Gasparo, Nick	1:48.04 4) Rosenello, Eric	2
13 Roman Catholic High School 1) Lahann, Luke 26.46 30.43 26.08	A 2) Paul, Steve 25.61	1:48.12 3) McParland, Shane	1:48.58 4) Presel, Robert	
14 Archbishop Wood High Schoo 1) Kealey, Connor K 28.69 26.89 28.54	B 2) Gnias, Andrew J 26.34	1:50.00 3) Mee, Ian A	1:50.46 4) Conway, Christopher J	
15 Pocono Mt. West 1) Young, Devon 27.25 26.90 28.84	A 2) Martinez, Brian 27.74	1:40.46 3) Gerling, Owen	1:50.73 4) Strunk, Colin	
16 High Point Regional High Sch 1) Bove, Gene 27.65 26.07 29.85	B 2) Masker, Paul 27.31	1:48.06 3) Ziegler, Jack	1:50.88 4) Heismeyer, Jack	
17 Pocono Mt. West 1) Jaimes, Marco 27.49 28.18 29.78	B 2) Adams, John 27.32	1:46.25 3) Maisonave, Justin	1:52.77 4) Learn, Jimmy	
18 Roman Catholic High School 1) Sweeney, Jude 30.81 29.33 28.57	B 2) Thum, Andrew 28.60	1:57.80 3) Bezotsky, Andrew	1:57.31 4) Brown, Kevin	
19 High Point Regional High Sch 1) Ashley, Jim 33.76 27.23 28.06	C 2) Kristiansen, Tyler 30.39	2:00.00 3) Schmitz, Kyle	1:59.44 4) Morville, Matt	
20 East Stroudsburg South 1) Althouse, Travis 30.21 30.87 31.36	B 2) Connors, Kyle 28.40	2:00.98 3) Grimaldi, Michael	2:00.84 4) Hauth, Kendall	
21 Jefferson Township High Sch 1) Woolridge, Wade 33.60 30.83 29.26	A 2) Mola, Jake 29.52	2:01.18 3) Masticola, Connor	2:03.21 4) Kelly, Shane	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****Event 19 Women 100 Yard Backstroke**

Name	School	Seed Time	Finals Time	Points
1 Grzech, Breanna 31.91 33.52	Crestwood High School	1:03.75	1:05.43	16
2 Blass, Brittany 32.58 33.62	Crestwood High School	1:04.60	1:06.20	13
3 Good, Courtney 33.69 36.14	Jefferson Township High School-NJ	1:09.23	1:09.83	12
4 Shaw, Amanda 34.28 36.55	East Stroudsburg South	1.11	1:10.83	11
5 Rose, Jessica 33.49 37.46	Stroudsburg High School	1:09.75	1:10.95	10
6 Fitzgerald, Alexandra B 34.11 36.91	Archbishop Wood High School	1:10.68	1:11.02	9
7 Oxley, Megan 35.02 36.02	Little Flower High School	1:12.97	1:11.04	7
8 Foley, Jen 34.79 37.30	Little Flower High School	1:12.54	1:12.09	5
9 Frazier, Kristen 35.74 36.36	East Stroudsburg North	1:14.13	1:12.10	4
10 Abramcheck, Annie 34.94 37.57	Crestwood High School	1:09.06	1:12.51	3
11 Finn, Rosie 35.14 37.59	East Stroudsburg South	1:13.45	1:12.73	2
12 Cook, MariKate A 35.64 37.59	Archbishop Wood High School	1:15.34	1:13.23	1
13 Engels, Grace 35.82 37.47	Kittatinny Regional High Schoo	1:14.40	1:13.29	
14 Quinn, Savannah 36.00 37.95	Kittatinny Regional High Schoo	1:12.79	1:13.95	
15 Tracy, Michelle 35.50 38.73	High Point Regional High Schoo	1:12.59	1:14.23	
16 Porraspita, Amanda 36.64 39.13	High Point Regional High Schoo	1:15.35	1:15.77	
17 Seraut, Lauren 37.61 38.36	East Stroudsburg North	1:12.98	1:15.97	
18 Hoskins, Eileen 36.88 39.18	Tunkhannock High School	1:13.40	1:16.06	
19 Refolo, Melissa 37.08 39.63	Pocono Mt. West	1:12.56	1:16.71	
20 Pilato, Chelsea 37.39 40.21	East Stroudsburg North	1:16.20	1:17.60	
21 Blum, Heather 37.66 39.95	Stroudsburg High School	1:18.64	1:17.61	
22 Sine, Emily 38.19 39.76	Stroudsburg High School	1:17.97	1:17.95	
23 Harney, Madeline M 37.87 40.21	Archbishop Wood High School	1:21.34	1:18.08	
24 Palmer, Morgan 38.48 40.13	Tunkhannock High School	1:26.30	1:18.61	
25 Jacinto, Arianna 37.08 41.62	Kittatinny Regional High Schoo	1:21.81	1:18.70	
26 Luna, Nicole 39.46 40.65	Stroudsburg High School	1:20.22	1:20.11	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 19 Women 100 Yard Backstroke)**

Name	School	Seed Time	Finals Time	Points
27 Genetelli, Katie 38.80 41.48	High Point Regional High School	1:20.49	1:20.28	
28 Gerek, Alex 40.12 42.66	Tunkhannock High School	1:22.51	1:22.78	
29 Sheehan, Samantha 40.63 43.53	Little Flower High School	1:27.87	1:24.16	
30 VanGlahn, Megan 41.59 45.31	High Point Regional High School	NT	1:26.90	
31 Nugent, Gabrielle 42.52 44.57	Kittatinny Regional High School	1:27.08	1:27.09	
32 Echeverry, Valaria 42.98 47.29	East Stroudsburg South	1:18.78	1:30.27	
33 Harney, Caitlin A 46.01 46.73	Archbishop Wood High School	1:29.00	1:32.74	
34 Roberts, Sarah 45.31 47.95	Crestwood High School	1:38.35	1:33.26	
35 Gleason, Alyse 1:19.30 27.58	Little Flower High School	1:23.04	1:46.88	
36 Galvin, Elizabeth 49.58 1:04.44	Jefferson Township High School-NJ	1:20.85	1:54.02	
37 Woo, Elizabeth 1:35.45 21.12	Jefferson Township High School-NJ	NT	1:56.57	
38 Lopez, Ashley 58.22 1:13.41	East Stroudsburg North	1:45.99	2:11.63	
--- Metzger, Lindsay 44.74 51.39	Crestwood High School	1:52.00	X1:36.13	

Event 20 Men 100 Yard Backstroke

Name	School	Seed Time	Finals Time	Points
1 Pessolano, Louis 26.90 29.14	Jefferson Township High School-NJ	57.47	56.04	16
2 Lawley, Mike 28.76 29.94	Father Judge High School	1:00.35	58.70	13
3 Moore, Nick 29.13 30.65	Father Judge High School	59.72	59.78	12
4 Kupchunas, Matt 29.55 32.22	Tunkhannock High School	1:03.61	1:01.77	11
5 Donovan, Kevin 30.19 32.08	Stroudsburg High School	1:03.45	1:02.27	10
6 Vazquez, Stephan 30.85 31.64	East Stroudsburg North	1:04.23	1:02.49	9
7 Sheridan, Avery 30.66 32.06	Roman Catholic High School	1:04.80	1:02.72	7
8 Hirst, Matt 30.92 32.18	Father Judge High School	1:03.44	1:03.10	5
9 McCloskey, Connor 31.62 33.35	Tunkhannock High School	1:04.78	1:04.97	4
10 Lamore, Pete 31.54 34.04	Crestwood High School	1:05.69	1:05.58	3
11 O'Brien, Joe 32.19 33.76	Father Judge High School	1:05.98	1:05.95	2
12 Dennis, Jon	East Stroudsburg South	1:06.24	1:05.97	1

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 20 Men 100 Yard Backstroke)**

Name	School	Seed Time	Finals Time	Points
13 Bartlett, Keenan 32.46 34.09	East Stroudsburg South	1:06.23	1:06.55	
14 Metzinger, Steve	Roman Catholic High School	1:07.82	1:06.74	
15 Howarth, Christopher 32.93 34.37	Kittatinny Regional High School	1:05.18	1:07.30	
16 Abbazio, Brendon 32.75 34.98	Pocono Mt. West	1:07.21	1:07.73	
17 Glowatski, Sean 33.33 34.44	Kittatinny Regional High School	1:08.23	1:07.77	
18 Jaimes, Marco 32.95 34.84	Pocono Mt. West	1:07.21	1:07.79	
19 Bayconich, Steve 32.49 35.43	High Point Regional High School	1:05.79	1:07.92	
20 Conway, Christopher J 33.45 35.05	Archbishop Wood High School	1:15.07	1:08.50	
21 Zabriskie, Jeremy 34.10 35.01	High Point Regional High School	1:08.52	1:09.11	
22 Gambino, Vinny 34.06 35.58	East Stroudsburg North	1:10.06	1:09.64	
23 Siegel, Josh 33.70 35.96	Tunkhannock High School	1:07.74	1:09.66	
24 Abbazio, Chris 33.41 36.36	Pocono Mt. West	1:05.74	1:09.77	
25 Vogel, Daniel 34.48 36.75	Roman Catholic High School	1:10.08	1:11.23	
26 McGuckin, Kevin A 34.13 37.24	Archbishop Wood High School	1:07.00	1:11.37	
27 Bamberger, Christian 36.83 39.73	Pocono Mt. West	1:15.28	1:16.56	
28 Snyder, Jake 37.14 40.05	Crestwood High School	1:12.94	1:17.19	
29 Leone, Sean 38.44 39.17	East Stroudsburg North	1:20.93	1:17.61	
30 Hirkaler, Travis 37.78 40.70	High Point Regional High School	1:13.30	1:18.48	
31 Helbers, Josh 37.42 42.61	East Stroudsburg South	1:32.40	1:20.03	
32 Morville, Matt 40.24 41.55	High Point Regional High School	NT	1:21.79	
33 Masticola, Connor 39.89 42.69	Jefferson Township High School-NJ	1:22.39	1:22.58	
34 Bender, Branden 40.57 44.37	Crestwood High School	1:24.99	1:24.94	
*35 Woolridge, Wade 43.47 44.97	Jefferson Township High School-NJ	NT	1:28.44	
*35 Slipe, Ryan 41.52 46.92	East Stroudsburg North	1:19.87	1:28.44	
37 Kuhn, Dan 41.75 47.39	Jefferson Township High School-NJ	1:30.82	1:29.14	
38 Wilson, Tyler	Kittatinny Regional High School	1:37.89	1:30.89	
--- Gleason, Chris 32.71 33.36	Father Judge High School	1:06.89	X1:06.07	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 20 Men 100 Yard Backstroke)**

Name	School	Seed Time	Finals Time	Points
--- Barth, Bryan 35.01 36.37	Father Judge High School	1:13.67	X1:11.38	
--- Tracey, Eric 39.00 42.56	Kittatinny Regional High Schoo	1:17.88	DQ	

Event 21 Women 100 Yard Breaststroke

Name	School	Seed Time	Finals Time	Points
1 Ubhaus, Jackie 34.67 39.15	Jefferson Township High School-NJ	1:12.94	1:13.82	16
2 Dunigan, Alex 34.76 40.05	Stroudsburg High School	1:15.84	1:14.81	13
3 Buglino, Lindsey 34.98 40.26	Jefferson Township High School-NJ	NT	1:15.24	12
4 Yang, Lena 35.59 40.33	East Stroudsburg South	1:18.75	1:15.92	11
5 Welles, Michelle 35.57 40.73	Kittatinny Regional High Schoo	1:15.27	1:16.30	10
6 Anger, Lacey 35.30 41.33	East Stroudsburg South	1:17.43	1:16.63	9
7 Buglino, Carly 36.36 41.14	Jefferson Township High School-NJ	1:17.35	1:17.50	7
8 Davis, Alyse A 37.09 42.37	Archbishop Wood High School	1:17.00	1:19.46	5
9 Mutch, Amy 38.61 41.99	High Point Regional High Schoo	1:21.91	1:20.60	4
10 Holmes, Lindsey 38.74 42.21	Little Flower High School	1:20.75	1:20.95	3
11 Henn, Sarah 38.08 43.26	Tunkhannock High School	1:24.20	1:21.34	2
12 Winfield, Kara 38.54 43.28	High Point Regional High Schoo	1:18.46	1:21.82	1
13 Martin, Madyson 37.39 44.46	High Point Regional High Schoo	1:20.11	1:21.85	
14 Keaney, Quinn 38.70 43.81	Stroudsburg High School	1:20.60	1:22.51	
15 Juschitsch, Jaimie 39.48 43.08	Stroudsburg High School	1:22.97	1:22.56	
16 McGrath, Bridget A 37.81 44.90	Archbishop Wood High School	1:23.22	1:22.71	
17 Tracey, Jill 40.84 42.73	Kittatinny Regional High Schoo	1:22.45	1:23.57	
18 Martino, Olivia A 39.61 44.42	Archbishop Wood High School	1:22.78	1:24.03	
19 Johnson, Aleda 39.40 44.96	East Stroudsburg South	1:26.21	1:24.36	
20 Rodriguez, Gina 40.14 44.49	East Stroudsburg North	1:22.55	1:24.63	
21 Nugent, Danielle 40.73 44.14	Kittatinny Regional High Schoo	1:24.21	1:24.87	
22 Streck, Mariah 40.26 46.12	Stroudsburg High School	1:26.70	1:26.38	
23 Mowry, Jessica 41.30 45.68	Tunkhannock High School	1:29.30	1:26.98	

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 21 Women 100 Yard Breaststroke)**

Name	School	Seed Time	Finals Time	Points
24 Merritt, Amber 41.38 46.34	Pocono Mt. West	1:22.87	1:27.72	
25 Argot, Rebecca 42.63 45.61	Pocono Mt. West	1:28.04	1:28.24	
26 Whelan, Jennifer L 41.54 47.60	Archbishop Wood High School	1:28.93	1:29.14	
27 Kravitz, Courtney 42.03 48.40	Little Flower High School	1:31.65	1:30.43	
28 Rincavage, Katie 43.66 47.62	Tunkhannock High School	1:36.00	1:31.28	
29 Moffet, Megan 43.77 48.97	Little Flower High School	1:31.47	1:32.74	
30 Roberts, Kailey 42.95 50.00	Crestwood High School	1:38.22	1:32.95	
31 Greer, Ashley 43.86 49.19	High Point Regional High School	1:31.23	1:33.05	
32 Rosser, Katie 44.83 48.45	Crestwood High School	1:34.37	1:33.28	
33 Martinez, Stephanie 43.98 51.81	Little Flower High School	1:38.76	1:35.79	
34 Inciti, Chelsea 46.70 50.63	Crestwood High School	1:37.40	1:37.33	
35 Bruell, Audrey 44.83 54.19	Crestwood High School	1:36.56	1:39.02	
36 Goetz, Amanda 49.50 58.24	East Stroudsburg North	1:50.45	1:47.74	
37 Urban, Kristen 52.93 1:01.80	Jefferson Township High School-NJ	NT	1:54.73	

Event 22 Men 100 Yard Breaststroke

Name	School	Seed Time	Finals Time	Points
1 Gettes, Jarred 29.98 34.16	Father Judge High School	1:04.04	1:04.14	16
2 Ozimkiewicz, Kevin 30.98 34.34	Father Judge High School	1:06.70	1:05.32	13
3 Opredek, Gregory T 31.67 34.33	Archbishop Wood High School	1:06.34	1:06.00	12
4 Silbernagel, Nolan 31.29 36.47	Jefferson Township High School-NJ	1:04.84	1:07.76	11
5 Pickarski, Chris 31.72 36.67	Stroudsburg High School	1:07.86	1:08.39	10
6 Fried, Brian 32.24 36.34	Stroudsburg High School	1:08.91	1:08.58	9
7 Hess, Mike 32.65 37.00	East Stroudsburg South	1:10.12	1:09.65	7
8 Field, Evan 33.50 37.22	Father Judge High School	1:12.27	1:10.72	5
9 Laforney, Nate 32.71 38.44	Crestwood High School	1:10.87	1:11.15	4
10 Murray, Eric 33.77 38.51	Father Judge High School	1:14.36	1:12.28	3
11 Peilmeier, Karl 34.84 38.00	Palmerton High School	1:12.62	1:12.84	2

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 22 Men 100 Yard Breaststroke)**

Name	School	Seed Time	Finals Time	Points
12 Tsikalas, Rob 33.44 40.79	Tunkhannock High School	1:10.30	1:14.23	1
13 Michniewicz, Andy 34.94 39.71	Stroudsburg High School	1:15.65	1:14.65	
14 Gerardi, Jim 35.51 39.85	East Stroudsburg South	1:14.82	1:15.36	
15 Marcogliese, Dominic 36.40 40.58	East Stroudsburg South	1:23.68	1:16.98	
16 McBride, Mike 36.52 41.75	High Point Regional High School	1:16.60	1:18.27	
17 Barrieres, Stefan 35.91 42.53	East Stroudsburg North	1:18.36	1:18.44	
18 Maniscalco, Christopher 37.38 41.08	Kittatinny Regional High School	1:16.08	1:18.46	
19 Gnias, Andrew J 36.50 42.09	Archbishop Wood High School	1:19.47	1:18.59	
20 Galinski, Michael 37.30 41.41	Kittatinny Regional High School	1:19.28	1:18.71	
21 Duffy, Jon 35.29 43.50	East Stroudsburg North	1:18.22	1:18.79	
22 Kristiansen, Tyler 36.66 43.26	High Point Regional High School	1:15.51	1:19.92	
23 Geiss, Greg 37.59 42.71	Jefferson Township High School-NJ	NT	1:20.30	
24 Paul, Steve 38.02 42.54	Roman Catholic High School	1:20.73	1:20.56	
25 Adams, John 37.16 43.76	Pocono Mt. West	1:21.33	1:20.92	
26 McCloskey, Quin 38.41 43.51	Tunkhannock High School	1:23.65	1:21.92	
27 Pellington, Connor 38.31 43.91	East Stroudsburg North	1:22.47	1:22.22	
28 Trezza, Anthony 40.32 44.73	Stroudsburg High School	1:25.00	1:25.05	
29 Mola, Jake 39.54 45.71	Jefferson Township High School-NJ	NT	1:25.25	
30 Presel, Nick 40.34 45.28	Roman Catholic High School	1:22.93	1:25.62	
31 Gerling, Owen 39.88 46.11	Pocono Mt. West	1:26.01	1:25.99	
32 Dunne, Paul 40.01 46.01	Roman Catholic High School	1:27.74	1:26.02	
33 Campbell, Dillon 41.45 46.49	Kittatinny Regional High School	1:26.06	1:27.94	
34 Schmitz, Kyle 41.75 46.44	High Point Regional High School	1:30.11	1:28.19	
35 McLeod, Nick 39.83 48.70	Jefferson Township High School-NJ	1:22.39	1:28.53	
36 Leone, Joe 41.09 47.62	East Stroudsburg North	1:32.90	1:28.71	
37 Vladimirov, Nikolay 39.78 49.21	Roman Catholic High School	1:32.88	1:28.99	

2009 Stroudsburg Winter Swim Classic - 1/3/2009

Stroudsburg High School
Results**(Event 22 Men 100 Yard Breaststroke)**

Name	School	Seed Time	Finals Time	Points
38 Morville, Matt 48.78 54.75	High Point Regional High Schoo	NT	1:43.53	
--- Barth, Kyle 35.78 41.26	Father Judge High School	1:24.40	X1:17.04	
--- Borowski, Greg 36.75 41.79	Father Judge High School	1:17.67	X1:18.54	
--- Donahue, Mike 38.73 42.34	Father Judge High School	1:22.38	X1:21.07	

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Wood High Schoo	A	3:52.00	3:55.93	32
1) Kane, Taylor B 28.73 58.97 28.20	2) Smith, Emily K 59.85 27.59 59.98	3) Kerins, Bridget K 26.83 57.13	4) Cochrane, Grace E	
2 East Stroudsburg South	A	4:05.43	4:04.97	26
1) Menio, Sarah 29.59 1:00.14 30.44	2) Yang, Lena 1:03.91 28.68 1:01.39	3) Shaw, Amanda 28.04 59.53	4) Gress, Anna	
3 Stroudsburg High School	A	4:01.21	4:09.23	24
1) Banks, Avanti 29.40 1:03.77 29.94	2) Dunigan, Alex 1:03.34 28.07 1:01.26	3) Rose, Jessica 28.15 1:00.86	4) Kuchinskas, Shelby	
4 Jefferson Township High Sch	A	4:04.04	4:10.83	22
1) Good, Courtney 29.36 1:02.50 28.75	2) Ubhaus, Jackie 1:01.74 31.91 1:07.59	3) Jackson, Rita 27.76 59.00	4) Buglino, Lindsey	
5 Tunkhannock High School	A	4:23.82	4:13.28	20
1) Dymond, Stephanie 30.32 1:02.84 31.38	2) Womer, Tori 1:06.11 29.63 1:02.16	3) Henn, Sarah 29.51 1:02.17	4) Halloran, Stephani	
6 High Point Regional High Sch	A	4:06.56	4:20.11	18
1) Brunngraber, Erica 30.07 1:03.71 30.67	2) Cotter, Eliza 1:09.20 29.34 1:04.94	3) Tracy, Michelle 29.99 1:02.26	4) Ritter, Samantha	
7 Stroudsburg High School	B	4:16.82	4:20.70	14
1) Mendez, Michelle 29.53 1:02.74 30.71	2) Randall, Bethany 1:04.87 30.92 1:04.82	3) Ilch, Erin 32.44 1:08.27	4) Kanaley, Kelly	
8 Kittatinny Regional High Sch	A	4:11.70	4:23.46	10
1) Welles, Michelle 31.16 1:05.87 30.22	2) Jacinto, Arianna 1:05.33 31.41 1:07.65	3) Nugent, Danielle 30.03 1:04.61	4) Johnson, Danielle	
9 East Stroudsburg North	A	4:23.89	4:24.15	8
1) Frazier, Kristen 31.02 1:04.79 32.38	2) Pilato, Chelsea 1:07.69 32.26 1:06.03	3) Rodriguez, Gina 31.15 1:05.64	4) Seraut, Lauren	
10 Little Flower High School	A	4:21.00	4:29.11	6
1) Thomas, Emily 30.71 1:04.66 30.39	2) Denofa, Monica 1:04.55 33.26 1:10.80	3) Hall, Patricia 32.01 1:09.10	4) Holmes, Judy	
11 Archbishop Wood High Schoo	C	4:40.00	4:33.24	4
1) Halner, Kristina M 33.64 1:10.22 29.64	2) McGrath, Bridget A 1:03.88 34.21 1:11.08	3) Martino, Olivia A 31.93 1:08.06	4) Deegan, Barbara B	
12 High Point Regional High Sch	B	4:24.28	4:35.90	2
1) Kent, Kristen 32.64 1:08.83 31.77	2) Porraspita, Amanda 1:08.37 34.12 1:12.65	3) Winfield, Kara 31.76 1:06.05	4) English, Brittany	
13 Little Flower High School	B	4:41.00	4:41.72	
1) Horn, Christine 31.95 1:05.67 32.79	2) Oxley, Megan 1:11.05 36.51 1:14.32	3) Horn, Jessica 33.66 1:10.68	4) Leyland, Emily	
14 East Stroudsburg South	B	4:30.17	4:48.47	
31.20 1:05.10 33.93	1:12.21 35.68 1:17.89	3) Rivera, Enecia 34.02 1:13.27	4) Kearns, Alison	

2009 Stroudsburg Winter Swim Classic - 1/3/2009

Stroudsburg High School
Results**(Event 23 Women 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
15 Kittatinny Regional High Sch	B	NT	4:52.40	
1) Morlock, Breezy	2) Calascibetta, Melissa	3) Engels, Ashley	4) Freund, Christine	
34.79 1:12.59 33.70	1:11.75 36.09 1:17.15	33.37 1:10.91		
16 High Point Regional High Sch	C	4:34.21	4:55.14	
1) VanGlahn, Megan	2) Brunngraber, Kara	3) Genetelli, Katie		
34.90 1:14.32 33.38	1:10.66 35.11 1:14.07	36.33 1:16.09		
17 Little Flower High School	C	5:05.00	5:10.16	
1) Campbell, Megan	2) Gayoush, Lindsey	3) Martinez, Stephanie	4) Sheehan, Samantha	
37.87 1:19.51 34.02	1:17.06 35.11 1:14.44	37.24 1:19.15		
18 Kittatinny Regional High Sch	C	NT	5:13.55	
1) Opitz, Erin	2) Gargin, Alexis	3) Salcone, Sarah	4) Miller, Julia	
37.87 1:20.86 39.67	1:25.86 33.04 1:09.52	35.14 1:17.31		
19 Stroudsburg High School	C	NT	5:19.88	
1) King, Lacey	2) Martell, Brenda	3) Rios, Leanne	4) Streck, Mariah	
36.52 1:19.09 40.28	1:25.55 36.04 1:15.70	37.08 1:19.54		
--- Archbishop Wood High Scho	D	4:50.00	X4:59.94	
1) Harney, Caitlin A	2) Santospago, JulieAnne	3) Walsh, Danielle M	4) Karensky, Karley E	
36.38 1:15.43 36.14	1:15.28 34.07 1:16.02	32.85 1:13.21		
--- Archbishop Wood High Scho	B	4:25.00	DQ	
1) Cook, MariKate A	2) Ruzicka, Emily A	3) Harney, Madeline M	4) Whelan, Jennifer L	
32.06 1:07.19 31.07	1:06.98 31.26 1:06.44	31.75 1:10.16		

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Stroudsburg High School	A	3:35.83	3:34.86	32
1) Cawley, Matt	2) Donovan, Kevin	3) Kanaley, Mark	4) Ongkeo, Monty	
25.30 52.05 26.28	55.87 25.97 54.02	24.91 52.92		
2 Father Judge High School	A	3:35.43	3:37.40	26
1) Harner, Jake	2) Hirst, Matt	3) O'Brien, Joe	4) Moore, Nick	
25.47 53.79 27.20	56.52 26.11 55.59	23.87 51.50		
3 Tunkhannock High School	A	3:40.92	3:40.51	24
1) Venn, Stefan	2) Tsikalas, Rob	3) Kupchunas, Matt	4) Novak, David	
26.62 54.95 25.90	55.20 27.39 56.90	25.50 53.46		
4 Roman Catholic High School	A	3:44.99	3:44.30	22
1) Metzinger, Steve	2) Lahann, Luke	3) Keown, Gabe	4) Sheridan, Avery	
24.71 52.10 27.53	1:00.35 26.50 57.04	25.56 54.81		
5 Father Judge High School	B	3:53.00	3:48.29	20
1) Paul, Kevin	2) Cameron, Tyler	3) Walls, Shawn	4) Ozimkiewicz, Kyle	
27.24 58.38 26.52	56.40			
6 High Point Regional High Sch	A	3:49.03	3:49.18	18
1) Jackson, Mark	2) Greer, Shaun	3) Zabriskie, Jeremy	4) Bove, Gene	
27.35 57.52 28.32	58.60 28.02 58.95	25.77 54.11		
7 East Stroudsburg North	A	3:51.67	3:53.81	14
1) Montante, Lou	2) Barrieres, Stefan	3) Streebel, Steven	4) Gambino, Danny	
27.84 58.87 59.97		26.89 56.46		
8 Jefferson Township High Sch	A	3:33.24	3:55.36	10
1) Jauch, Dan	2) McGuire, Matt	3) Geiss, Greg	4) Pessolano, Louis	
27.94 1:00.84 28.79	1:00.19 29.21 1:02.16	23.73 52.17		
9 East Stroudsburg South	A	3:55.36	3:56.82	8
1) Favini, John	2) Hess, Mike	3) Skoranski, Allen	4) Bartlett, Keenan	
28.16 59.25 29.32	1:01.51 28.08 58.59	27.19 57.47		
10 Kittatinny Regional High Sch	A	3:52.50	3:57.27	6
1) Carr, Dan	2) Maniscalco, Christopher	3) Galinski, Michael	4) Glowatski, Sean	
26.14 54.63 30.25	1:02.49 30.07 1:03.13	26.87 57.02		

2009 Stroudsburg Winter Swim Classic - 1/3/2009**Stroudsburg High School
Results****(Event 24 Men 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
11 Pocono Mt. West	A	3:47.09	3:58.71	4
1) Abbazio, Chris	2) Zweirzynski, Nick	3) LaRocco, Oliver	4) Abbazio, Brendon	
28.25 1:00.25 28.66 1:00.32 27.76 58.84	27.43 59.30			
12 Archbishop Wood High School	A	4:13.69	4:05.31	2
1) Bone, Gary D	2) Kealey, Connor K	3) Gnias, Andrew J	4) Mee, Ian A	
27.82 1:00.23 31.44 1:05.65 28.44 1:01.16	28.06 58.27			
13 Tunkhannock High School	B	4:08.36	4:08.45	
1) Linden, Chris	2) Fowler, Ryan	3) Siegel, Jake	4) McCloskey, Quin	
29.65 1:03.09 28.64 59.77 29.21 1:01.02	30.93 1:04.57			
14 Roman Catholic High School	B	4:14.00	4:11.29	
1) Vogel, Daniel	2) Bezotsky, Andrew	3) McParland, Shane	4) Presel, Robert	
30.38 1:02.37 31.70 1:09.39 28.60 1:00.15	28.05 59.38			
15 Father Judge High School	C	4:20.00	4:16.73	
1) Nolter, Bill	2) Crossley, Rob	3) McAteer, Jason	4) Milligan, Brian	
29.70 1:02.88 27.87 59.93 30.11 1:03.87	31.84 1:10.05			
16 High Point Regional High School	B	4:07.59	4:21.60	
1) Heismeyer, Jack	2) Bayconich, Steve	3) Ziegler, Jack	4) Gilmore, Chris	
30.14 1:04.89 30.65 1:05.08 29.65 1:04.24	31.88 1:07.39			
17 East Stroudsburg South	B	4:20.74	4:38.44	
1) Conners, Kyle	2) Grimaldi, Michael	3) Hauth, Kendall	4) Marcogliese, Dominic	
33.14 1:11.92 34.40 1:11.72 32.06 1:08.16	31.47 1:06.64			
18 Jefferson Township High School	B	4:11.17	4:40.40	
1) McLeod, Nick	2) Bagnall, Zach	3) Mola, Jake	4) Kuhn, Dan	
1:11.03 34.23 1:12.74 33.54 1:09.24	31.24 1:07.39			
19 High Point Regional High School	C	4:30.00	4:46.19	
1) Ashley, Jim	2) McBride, Mike	3) Hirkaler, Travis	4) Morville, Matt	
30.79 1:06.96 34.25 1:11.13 36.33 1:19.59	31.86 1:08.51			

Women - Team Rankings - Through Event 24

1. Archbishop Wood High School	274	2. Stroudsburg High School	180
3. East Stroudsburg South	167	4. Jefferson Township High School	122
5. Crestwood High School	114	6. High Point Regional High School	90
7. Tunkhannock High School	80	8. Pocono Mt. West	72
9. Little Flower High School	64	10. Kittatinny Regional High School	58
11. Palmerton High School	45	12. East Stroudsburg North	36

Men - Team Rankings - Through Event 24

1. Father Judge High School	354	2. Stroudsburg High School	202
3. East Stroudsburg North	149	4. Tunkhannock High School	115
5. Jefferson Township High School	104	6. High Point Regional High School	84
7. East Stroudsburg South	71	8. Roman Catholic High School	70
9. Kittatinny Regional High School	48	10. Archbishop Wood High School	39
11. Crestwood High School	37	12. Palmerton High School	18
13. Pocono Mt. West	11		