

Seasonal Spreadsheet Report

Archbishop Wood High School [WOOD] Coach: Charles Stillwell

Convert To: Yards Print: Yards

Bond, Kyle		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ O'Hara	Feb-10-09						x1:05.58		1:18.69		
2009 Boys Wood @ Carroll	Jan-31-09	2:32.19							1:24.03		
2009 Roman @ Wood	Jan-21-09	2:32.28									
2009 Boys Wood @ Ryan	Dec-22-08	2:47.66									
2009 Bonner @ Wood	Dec-16-08						1:13.37				
2009 LaSalle @ Wood	Dec-09-08						1:18.22				
Bone, Gary		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09			25.36			56.21				
2009 Boys Wood @ O'Hara	Feb-10-09			25.75			59.18				
2009 Lansdale @ Wood	Feb-06-09			25.31			59.12				
2009 Wood @ Prep	Feb-02-09	2:21.53						6:26.27			
2009 Boys Wood @ Carroll	Jan-31-09			25.96			57.85				
2009 Roman @ Wood	Jan-21-09			25.72					1:15.22		
2009 Stroudsburg Winter Swim Class	Jan-03-09			25.40			58.62				
2009 Boys Wood @ Ryan	Dec-22-08			27.09					1:22.31		
2009 Bonner @ Wood	Dec-16-08			26.91			59.61				
2009 LaSalle @ Wood	Dec-09-08	2:22.25					1:02.85				
Conway, Christopher		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09			26.47			57.39				
2009 Lansdale @ Wood	Feb-06-09								1:08.84		
2009 Wood @ Prep	Feb-02-09			27.44					1:09.14		
2009 Boys Wood @ Carroll	Jan-31-09						58.00		1:07.72		
2009 Roman @ Wood	Jan-21-09						59.10		1:09.50		
2009 Stroudsburg Winter Swim Class	Jan-03-09			27.62					1:08.50		
2009 Boys Wood @ Ryan	Dec-22-08					1:18.21		6:22.25			
2009 Bonner @ Wood	Dec-16-08	2:20.28				1:14.00					
2009 LaSalle @ Wood	Dec-09-08		2:42.53						1:15.07		
Cordero, John		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ O'Hara	Feb-10-09		2:55.94			1:22.91					
2009 Wood @ Prep	Feb-02-09			x32.47							
2009 Boys Wood @ Carroll	Jan-31-09					1:34.62		7:05.16			
2009 Roman @ Wood	Jan-21-09					1:32.06					
2009 Boys Wood @ Ryan	Dec-22-08	2:40.00								1:50.62	
2009 Bonner @ Wood	Dec-16-08			31.09			1:10.11				
2009 LaSalle @ Wood	Dec-09-08			30.50					1:48.79		
Delvalle, Andre		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09	2:07.35						5:53.11			
2009 Boys Wood @ O'Hara	Feb-10-09	2:17.28						5:58.75			
2009 Lansdale @ Wood	Feb-06-09		2:29.63					5:49.50			
2009 Wood @ Prep	Feb-02-09		2:29.55	x27.02			58.20				

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Delvalle, Andre		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ Carroll	Jan-31-09	2:07.25						5:41.03			
2009 Roman @ Wood	Jan-21-09	2:09.84						5:52.75			
2009 Stroudsburg Winter Swim Class	Jan-03-09	2:07.31						6:00.37			
2009 Boys Wood @ Ryan	Dec-22-08	2:13.47					1:00.12				
2009 Bonner @ Wood	Dec-16-08							6:00.06		1:20.72	
2009 LaSalle @ Wood	Dec-09-08							6:14.60	1:13.21		
Forsyth, Bryan		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 LaSalle @ Wood	Dec-09-08			30.00							
Gnias, Andrew		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09			26.30			58.38				
2009 Boys Wood @ O'Hara	Feb-10-09						58.94			1:16.90	
2009 Lansdale @ Wood	Feb-06-09						1:00.63			1:18.97	
2009 Wood @ Prep	Feb-02-09						1:00.61			1:19.77	
2009 Boys Wood @ Carroll	Jan-31-09							6:11.34		1:18.59	
2009 Roman @ Wood	Jan-21-09						1:00.78			1:18.85	
2009 Stroudsburg Winter Swim Class	Jan-03-09			26.96						1:18.59	
2009 Boys Wood @ Ryan	Dec-22-08			26.82				6:14.66			
2009 Bonner @ Wood	Dec-16-08							6:15.00		1:19.47	
2009 LaSalle @ Wood	Dec-09-08									1:21.47	
Kealey, Connor		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ O'Hara	Feb-10-09	2:23.65						6:52.14			
2009 Lansdale @ Wood	Feb-06-09	2:34.16									
2009 Wood @ Prep	Feb-02-09			28.66				6:52.88			
2009 Roman @ Wood	Jan-21-09	2:24.34						6:58.65			
2009 Stroudsburg Winter Swim Class	Jan-03-09			28.60			1:03.86				
2009 Boys Wood @ Ryan	Dec-22-08		2:56.63					7:13.09			
2009 Bonner @ Wood	Dec-16-08		2:46.06						1:24.57		
McGuckin, Kevin		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09			24.79			54.82				
2009 Boys Wood @ O'Hara	Feb-10-09		2:23.28			1:06.44					
2009 Lansdale @ Wood	Feb-06-09					1:06.53			1:09.47		
2009 Wood @ Prep	Feb-02-09					1:09.04	x59.61		1:11.02		
2009 Boys Wood @ Carroll	Jan-31-09		2:26.03			1:10.91					
2009 Roman @ Wood	Jan-21-09			26.16		1:08.03					
2009 Stroudsburg Winter Swim Class	Jan-03-09					1:10.73			1:11.37		
2009 Boys Wood @ Ryan	Dec-22-08						1:00.42		1:14.14		
2009 Bonner @ Wood	Dec-16-08		2:25.56							1:19.53	
2009 LaSalle @ Wood	Dec-09-08	2:15.40				1:13.43					
Mee, Ian		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09			26.93							

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Mee, Ian		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ O'Hara	Feb-10-09			27.44					1:16.15		
2009 Lansdale @ Wood	Feb-06-09	2:32.59						7:03.90			
2009 Wood @ Prep	Feb-02-09			x28.07		1:25.01					
2009 Boys Wood @ Carroll	Jan-31-09		2:40.31						1:17.38		
2009 Roman @ Wood	Jan-21-09		2:37.56					6:40.56			
2009 Stroudsburg Winter Swim Class	Jan-03-09		2:52.83				1:07.86				
2009 Boys Wood @ Ryan	Dec-22-08		2:46.09			1:23.51					
2009 Bonner @ Wood	Dec-16-08	2:28.37							1:21.53		
2009 LaSalle @ Wood	Dec-09-08		2:44.31					7:09.47			
Michalski, Joseph		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ O'Hara	Feb-10-09							7:20.16	1:40.69		
2009 Wood @ Prep	Feb-02-09			x30.86							
2009 Boys Wood @ Carroll	Jan-31-09			31.91							
Morris, Barry		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 District 12 Championships	Feb-20-09			26.82							
2009 Boys Wood @ O'Hara	Feb-10-09	2:26.75		27.40							
2009 Lansdale @ Wood	Feb-06-09			28.07							
2009 Wood @ Prep	Feb-02-09	2:31.31		x29.39							
2009 Boys Wood @ Carroll	Jan-31-09	2:28.44		28.54							
2009 Roman @ Wood	Jan-21-09			28.59			1:09.75				
2009 Boys Wood @ Ryan	Dec-22-08			29.15							
2009 Bonner @ Wood	Dec-16-08			28.28							
2009 LaSalle @ Wood	Dec-09-08						1:10.28				
Oprendeck, Gregory		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
PIAA Swimming & Diving Champion	Mar-11-09		1:58.55							1:00.31	
2009 District 12 Championships	Feb-20-09		2:03.52							1:00.67	
2009 Boys Wood @ O'Hara	Feb-10-09		2:10.12							1:04.67	
2009 Lansdale @ Wood	Feb-06-09		2:08.03							1:04.10	
2009 Wood @ Prep	Feb-02-09		2:10.30							1:06.79	
2009 Boys Wood @ Carroll	Jan-31-09		2:13.50							1:07.57	
2009 Roman @ Wood	Jan-21-09		2:08.14							1:05.68	
2009 Stroudsburg Winter Swim Class	Jan-03-09		2:11.51							1:06.00	
2009 Boys Wood @ Ryan	Dec-22-08		2:09.50							1:07.10	
2009 Bonner @ Wood	Dec-16-08	1:59.59				1:01.56					
2009 LaSalle @ Wood	Dec-09-08		2:11.50							1:06.34	
Repisky, Phillip		200 Free	200 IM	50 Free	1 Meter 6 Dives	100 Fly	100 Free	500 Free	100 Back	100 Breast	1 Meter 11 Dives
2009 Boys Wood @ O'Hara	Feb-10-09						1:04.75			1:18.57	
2009 Wood @ Prep	Feb-02-09			x29.30							
2009 Boys Wood @ Carroll	Jan-31-09						1:04.28			1:23.18	
2009 Roman @ Wood	Jan-21-09									1:22.59	
2009 Boys Wood @ Ryan	Dec-22-08						1:12.12			1:35.90	

