

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

Event 1 Women 200 Yard Medley Relay

Record: 1:56.47 * 1/1998

Team	Whitehall Relay	Seed Time	Finals Time	Points
1 Archbishop Wood High School 1) Rios, Christina A 29.88 35.73 28.93	A 2) Davis, Alyse A 27.32	1:59.79 3) Kerins, Bridget K	2:01.86 4) Smith, Emily K	32
2 Stroudsburg High School 1) Rose, Jessica 32.69 33.17 30.20	A 2) Dunigan, Alex 26.98	2:00.61 3) Banks, Avanti	2:03.04 4) Kuchinskas, Shelby	26
3 Kittatinny Regional High School 1) Engels, Grace 32.74 34.52 30.70	A 2) Welles, Michelle 28.16	2:05.71 3) Jacinto, Amanda	2:06.12 4) Tooker, Emily	24
4 Pocono Mountain East High School 1) Williams, Lori 33.11 37.11 28.88	A 2) Pankratz, Stefani 27.18	2:05.30 3) Clark, Emily	2:06.28 4) Levitin, Emily	22
5 High Point Regional High School 1) Tracy, Michelle 34.58 35.11 29.71	A 2) Winfield, Kara 28.03	2:04.70 3) Cotter, Eliza	2:07.43 4) Martin, Madyson	20
6 Little Flower High School 1) Charles, Nashae 36.11 36.54 30.36	A 2) Holmes, Lindsey 27.93	2:14.00 3) Thomas, Emily	2:10.94 4) Foley, Jen	18
7 High Point Regional High School 1) Dunn, Brittany 33.29 40.31 31.20	B 2) Mutch, Amy 29.14	2:07.43 3) Ferlo, Emily	2:13.94 4) Porraspita, Amanda	14
8 Stroudsburg High School 1) Bartolome, Giulienne 17.35 25.45 20.64	B 2) Keaney, Quinn 1:11.03	NT 3) Randall, Bethany	2:14.47 4) Pickarski, Megan	10
9 Crestwood High School 1) Grzech, Breanna 32.95 41.98 28.77	A 2) Suitch, Mollie 32.46	2:10.41 3) Blass, Brittany	2:16.16 4) Huntzinger, Kali	8
10 Archbishop Wood High School 1) Cook, MariKate A 34.82 38.02 35.12	B 2) Whelan, Jennifer L 28.44	2:14.00 3) Yeung, Angela K	2:16.40 4) Gannon, Colleen	6
11 Pocono Mountain East High School 1) Southern, Maddy 34.09 39.28 34.74	B 2) Carasquillo, Juliet 28.93	NT 3) Happe, Kathryn	2:17.04 4) Pankratz, Erika	4
12 Pocono Mt. West 1) Angus, Sammi 49.04 37.28 31.38	A 2) Scoppetta, Lucia 28.51	2:02.63 3) Merritt, Amber	2:26.21 4) Keppol, Amber	2
13 East Stroudsburg South 1) Frediani, Ashley 42.04 35.85 36.17	B 2) Miller, Chrissy 32.77	2:21.10 3) Kearns, Ali	2:26.83 4) Thorsen, Courtney	
14 Stroudsburg High School 1) Sine, Emily 20.76 41.30 34.57	C 2) King, Lacey 52.07	NT 3) Butz, Emily	2:28.70 4) Martell, Mel	
15 Little Flower High School 1) Gleason, Alyse 37.44 44.51 34.44	C 2) Leyland, Emily 32.69	2:24.27 3) Holmes, Judy	2:29.08 4) Buonviso, Molly	
16 Archbishop Wood High School 1) Walsh, Danielle M 41.28 39.24 39.67	C 2) Martino, Olivia A 29.04	2:27.00 3) Martino, Victoria L	2:29.23 4) Ruzicka, Emily A	
17 East Stroudsburg North 1) Paredes, Veronica 39.35 43.63 40.70	B 2) Jablonski, Amanda 36.52	2:36.31 3) Haese, Amanda	2:40.20 4) Kulenty, Samantha	

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****(Event 1 Women 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
18 East Stroudsburg North	C	2:43.16	2:43.63	
1) Carey, Brittany	2) Butler, Megan	3) Gaeta, Samantha	4) Rosser, Giselle	
45.99 42.81 42.14 32.69				
--- Kittatinny Regional High School	B	2:15.89	DQ	
1) Hennessey, Caitlin	2) Galinski, Emileigh	3) Freund, Christine	4) Kozlowski, Erica	
36.00 39.20 34.69 30.60				
--- East Stroudsburg South	A	2:20.25	DQ	
1) Johnson, Aleda	2) Anger, Lacey	3) Rioutort, Angelique	4) Gress, Anna	
36.96 36.39 38.19 28.82				
--- Pocono Mountain East High School	C	NT	DQ	
1) Mertz, Amanda	2) Fardella, Amanda	3) Blackmer, Amy	4) Koert, Briana	
24.31 20.98 27.32 1:21.20				
--- Little Flower High School	B	2:23.37	DQ	
1) Sheehan, Samantha	2) McNamee, Candice	3) Jusino, Myah	4) Denofa, Monica	
40.65 45.80 35.03 35.58				
--- East Stroudsburg North	A	2:15.21	DQ	
1) Cassar, Vicky	2) Decker, Brittany	3) Cho, Lisa	4) Cruz, Priscilla	
36.27 36.79 34.81 32.34				

Event 3 Women 200 Yard Freestyle

Name	Record: 2:00.94 * 1/1993	M. Hast School	Seed Time	Finals Time	Points
1 Kane, Taylor B		Archbishop Wood High School	2:00.41	2:00.12*	16
28.55 30.54 30.79 30.24					
2 Finn, Amy M		Archbishop Wood High School	2:08.09	2:06.88	13
29.73 32.11 32.63 32.41					
3 Blass, Brittany		Crestwood High School	2:10.95	2:08.60	12
29.86 31.97 33.36 33.41					
4 Kuchinkas, Shelby		Stroudsburg High School	2:10.43	2:09.37	11
29.32 32.80 33.96 33.29					
5 Gnias, Rachael I		Archbishop Wood High School	2:12.52	2:14.08	10
30.43 33.44 34.76 35.45					
6 Brunngraber, Erica		High Point Regional High School	2:15.80	2:15.12	9
30.88 33.93 35.34 34.97					
7 Randall, Bethany		Stroudsburg High School	2:17.09	2:18.22	7
31.91 35.41 36.28 34.62					
8 Shaw, Amanda		East Stroudsburg South	2:22.10	2:19.58	5
31.59 36.66 36.65 34.68					
9 Frazier, Kristen		East Stroudsburg North	2:17.04	2:19.89	4
31.65 34.73 37.43 36.08					
10 Ferlo, Emily		High Point Regional High School	2:14.85	2:19.91	3
32.87 35.60 36.33 35.11					
11 Johnson, Danielle		Kittatinny Regional High School	2:23.92	2:22.90	2
31.99 35.73 38.04 37.14					
12 Ilch, Erin		Stroudsburg High School	2:21.47	2:25.60	1
33.16 37.07 37.59 37.78					
13 Abramcheck, Annie		Crestwood High School	2:23.46	2:26.13	
32.23 36.82 39.53 37.55					
14 Cassar, Vicky		East Stroudsburg North	2:26.17	2:28.19	
34.28 37.43 38.87 37.61					
15 McCurdy, Megan		Little Flower High School	2:37.90	2:28.23	
33.88 37.31 39.22 37.82					

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****(Event 3 Women 200 Yard Freestyle)**

	Name		School	Seed Time	Finals Time	Points
16	Kent, Kristen		High Point Regional High Schoo	2:30.22	2:28.34	
	32.60 37.54 39.74 38.46					
17	Kearns, Julie		East Stroudsburg South	2:30.13	2:30.14	
	33.72 38.46 41.68 36.28					
18	Koert, Briana		Pocono Mountain East High Scho	2:35.03	2:30.37	
	33.92 38.51 40.56 37.38					
19	Johnson, Aleda		East Stroudsburg South	2:31.79	2:31.84	
	33.78 38.03 41.40 38.63					
20	Harp, Emily		Kittatinny Regional High Schoo	2:27.66	2:32.40	
	34.09 38.20 40.10 40.01					
21	Porraspita, Amanda		High Point Regional High Schoo	2:37.12	2:32.41	
	34.01 38.80 41.16 38.44					
22	Suitch, Mollie		Crestwood High School	2:24.38	2:34.72	
	34.32 37.80 41.73 40.87					
23	Kauffman, Nina		Little Flower High School	2:37.00	2:36.08	
	35.88 39.67 41.71 38.82					
24	Markovic, Ashley		Kittatinny Regional High Schoo	2:27.73	2:39.80	
	35.95 40.23 42.03 41.59					
25	Kozlowski, Erica		Kittatinny Regional High Schoo	2:29.89	2:40.58	
	33.21 39.60 43.30 44.47					
26	Southern, Maddy		Pocono Mountain East High Scho	2:53.55	2:40.67	
	36.22 41.28 43.11 40.06					
27	Luna, Nicole		Stroudsburg High School	NT	2:44.18	
	38.41 41.28 43.52 40.97					
28	Buonviso, Molly		Little Flower High School	2:56.37	2:45.09	
	35.53 40.84 44.49 44.23					
29	Martinez, Stephanie		Little Flower High School	3:10.15	2:52.12	
	37.63 42.92 46.47 45.10					
30	Carey, Brittany		East Stroudsburg North	2:53.59	2:53.83	
	38.61 44.19 47.18 43.85					
31	Fardella, Amanda		Pocono Mountain East High Scho	3:17.69	3:04.30	
	38.43 46.89 49.16 49.82					
32	Jablonski, Amanda		East Stroudsburg North	2:59.08	3:08.63	
	42.16 47.20 50.86 48.41					
---	Basgil, Megan S		Archbishop Wood High School	2:20.94	DQ	
	31.72 35.46 35.93 34.58					

Event 5 Women 200 Yard IM

	Name		School	Seed Time	Finals Time	Points
	Record: 2:15.84 * 1/5/2002		Sarah Keeley		Stroudsburg	
1	Cochrane, Grace E		Archbishop Wood High School	2:22.34	2:20.03	16
	29.43 36.27 41.83 32.50					
2	Welles, Michelle		Kittatinny Regional High Schoo	2:28.19	2:27.30	13
	31.41 37.71 44.44 33.74					
3	Menio, Sarah		East Stroudsburg South	2:30.28	2:27.81	12
	32.54 39.36 42.94 32.97					
4	Davis, Alyse A		Archbishop Wood High School	2:31.20	2:29.97	11
	32.33 39.43 43.79 34.42					
5	Rose, Jessica		Stroudsburg High School	2:32.40	2:31.31	10
	34.83 36.89 44.88 34.71					
6	Dunigan, Alex		Stroudsburg High School	2:30.91	2:31.61	9
	33.43 39.36 42.27 36.55					

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****(Event 5 Women 200 Yard IM)**

	Name		School	Seed Time	Finals Time	Points
7	Smith, Emily K		Archbishop Wood High School	2:35.00	2:31.68	7
	32.75 40.32 43.65	34.96				
8	Cook, MariKate A		Archbishop Wood High School	2:39.51	2:33.00	5
	34.65 38.56 44.51	35.28				
9	Thomas, Emily		Little Flower High School	2:32.00	2:33.82	4
	32.57 39.96 46.35	34.94				
10	Pickarski, Megan		Stroudsburg High School	2:37.08	2:38.73	3
	35.44 41.68 43.44	38.17				
11	Seraut, Lauren		East Stroudsburg North	2:37.30	2:39.84	2
	36.90 39.71 47.53	35.70				
12	Schreyer, Kimberly		High Point Regional High Schoo	2:37.77	2:40.53	1
	34.78 42.43 45.63	37.69				
13	Pankratz, Stefani		Pocono Mountain East High Scho	2:39.52	2:42.07	
	37.40 43.97 44.75	35.95				
14	Winfield, Kara		High Point Regional High Schoo	2:46.09	2:44.42	
	36.05 41.95 45.08	41.34				
15	Mutch, Amy		High Point Regional High Schoo	2:50.34	2:47.12	
	36.32 46.42 45.79	38.59				
16	Holmes, Lindsey		Little Flower High School	2:40.00	2:48.06	
	38.18 43.27 46.02	40.59				
17	Cruts, Kaitlyn		Kittatinny Regional High Schoo	2:48.86	2:48.56	
	35.26 44.98 49.22	39.10				
18	Charles, Nashae		Little Flower High School	2:52.17	2:48.90	
	37.43 40.28 52.29	38.90				
19	Keaney, Quinn		Stroudsburg High School	2:48.62	2:50.53	
	39.83 43.56 45.57	41.57				
20	Cho, Lisa		East Stroudsburg North	2:58.11	2:56.15	
	39.97 42.97 53.48	39.73				
21	Wilson, Courtney		Kittatinny Regional High Schoo	2:49.84	2:57.36	
	37.21 47.53 50.11	42.51				
22	Happe, Kathryn		Pocono Mountain East High Scho	2:55.77	2:59.51	
	39.48 48.12 55.25	36.66				
23	Carasquillo, Juliet		Pocono Mountain East High Scho	NT	3:05.73	
	39.51 54.03 49.77	42.42				
24	Rioutort, Angelique		East Stroudsburg South	3:10.31	3:06.80	
	39.41 49.51 57.13	40.75				
25	Decker, Brittany		East Stroudsburg North	3:12.20	3:07.31	
	47.04 45.62 49.19	45.46				
26	Haese, Amanda		East Stroudsburg North	3:15.86	3:10.11	
	44.37 46.42 56.42	42.90				
27	Mertz, Amanda		Pocono Mountain East High Scho	NT	3:13.85	
	44.26 49.97 55.01	44.61				
---	Frediani, Ashley		East Stroudsburg South	3:12.56	DQ	
	45.07 49.49 1:02.54	46.68				

Event 7 Women 50 Yard Freestyle

	Name	Record: 24.51 * 1/7/2006	Kellyanne Tomasula	VERNON-		
	Name		School	Seed Time	Finals Time	Points
1	Blass, Brittany		Crestwood High School	25.76	25.92	16
2	Rios, Christina A		Archbishop Wood High School	26.50	26.47	13
3	Scoppetta, Lucia		Pocono Mt. West	27.37	26.96	12
4	Cotter, Eliza		High Point Regional High Schoo	26.98	26.98	11

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

(Event 7 Women 50 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
5 Nunez, Carla	East Stroudsburg North	27.20	27.35	10
6 Banks, Avanti	Stroudsburg High School	28.46	27.74	9
7 Gannon, Bridget	Archbishop Wood High School	27.50	27.77	7
8 Pickarski, Rachel	Stroudsburg High School	27.78	27.80	5
9 Jacinto, Amanda	Kittatinny Regional High Schoo	27.68	27.81	4
10 Martin, Madyson	High Point Regional High Schoo	27.64	28.05	3
11 Merritt, Amber	Pocono Mt. West	28.42	28.21	2
*12 Levitin, Emily	Pocono Mountain East High Scho	28.30	28.22	.50
*12 Mendez, Michelle	Stroudsburg High School	27.46	28.22	.50
14 Kerins, Bridget K	Archbishop Wood High School	28.03	28.30	
15 Tomlinson, Abby	Kittatinny Regional High Schoo	27.95	28.46	
16 Tooker, Emily	Kittatinny Regional High Schoo	27.97	28.47	
17 Gannon, Colleen	Archbishop Wood High School	28.53	28.55	
18 Pankratz, Erika	Pocono Mountain East High Scho	NT	28.78	
19 Foley, Jen	Little Flower High School	28.99	28.96	
20 Fitzgerald, Erin	Notre Dame East Stroudsburg	27.90	29.02	
21 Keppol, Amber	Pocono Mt. West	29.59	29.12	
22 Dunn, Brittany	High Point Regional High Schoo	28.90	29.19	
23 Anger, Lacey	East Stroudsburg South	28.25	29.26	
24 Gress, Anna	East Stroudsburg South	29.00	29.33	
25 Denofa, Monica	Little Flower High School	29.59	29.68	
26 Blackmer, Amy	Pocono Mountain East High Scho	29.56	29.81	
27 Horn, Christine	Little Flower High School	30.47	30.35	
28 Holmes, Judy	Little Flower High School	30.47	31.18	
29 Miller, Chrissy	East Stroudsburg South	31.86	31.84	
30 Rosser, Giselle	East Stroudsburg North	31.78	31.88	
31 Butler, Megan	East Stroudsburg North	33.89	32.18	
32 Huntzinger, Kali	Crestwood High School	32.34	32.35	
33 Juschitsch, Jamie	Stroudsburg High School	33.32	32.58	
34 Kearns, Ali	East Stroudsburg South	32.55	33.35	
35 Rosser, Katie	Crestwood High School	33.44	34.67	
36 Angus, Sammi	Pocono Mt. West	40.31	41.45	
37 Darwish, Sherin	Pocono Mountain East High Scho	NT	43.09	

Event 11 Women 100 Yard Butterfly

Record: 1:01.88 * 1/1998

Name	School	Seed Time	Northampton H.S.		Points
			J. Miller- Northampton	Finals Time	
1 Cochrane, Grace E	Archbishop Wood High School	1:03.96		1:02.66	16
28.89 33.77					
2 Cotter, Eliza	High Point Regional High Schoo	1:06.90		1:07.22	13
31.52 35.70					
3 Thomas, Emily	Little Flower High School	1:08.90		1:09.25	12
32.78 36.47					
4 Finn, Amy M	Archbishop Wood High School	1:08.00		1:09.58	11
32.87 36.71					
5 Kerins, Bridget K	Archbishop Wood High School	1:08.49		1:09.79	10
32.19 37.60					
6 Davis, Alyse A	Archbishop Wood High School	1:11.90		1:11.10	9
32.92 38.18					
7 Merritt, Amber	Pocono Mt. West	1:11.31		1:11.45	7
33.24 38.21					

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****(Event 11 Women 100 Yard Butterfly)**

	Name	School	Seed Time	Finals Time	Points
8	Foley, Jen 33.43 38.34	Little Flower High School	1:09.10	1:11.77	5
9	Jacinto, Amanda 33.65 38.45	Kittatinny Regional High Schoo	1:10.06	1:12.10	4
10	Banks, Avanti 33.02 39.67	Stroudsburg High School	1:09.85	1:12.69	3
11	Randall, Bethany 33.83 39.59	Stroudsburg High School	1:12.92	1:13.42	2
12	Nunez, Carla 34.57 39.73	East Stroudsburg North	1:12.81	1:14.30	1
13	Freund, Christine 34.61 41.51	Kittatinny Regional High Schoo	1:15.23	1:16.12	
14	Vealey, Monique 34.10 44.21	High Point Regional High Schoo	1:17.19	1:18.31	
15	Field, Meaghan 38.00 44.96	Pocono Mountain East High Scho	1:24.28	1:22.96	
16	Blackmer, Amy 39.79 44.08	Pocono Mountain East High Scho	1:24.73	1:23.87	
17	Happe, Kathryn 38.52 46.14	Pocono Mountain East High Scho	1:25.02	1:24.66	
18	Butz, Emily 39.72 45.52	Stroudsburg High School	1:24.54	1:25.24	
19	Rioutort, Angelique 40.62 46.43	East Stroudsburg South	1:27.43	1:27.05	
20	Rios, Leanne 38.38 48.95	Stroudsburg High School	1:38.18	1:27.33	
21	Cruz, Priscilla 39.57 55.96	East Stroudsburg North	1:33.02	1:35.53	
22	Haese, Amanda 44.64 53.18	East Stroudsburg North	1:32.76	1:37.82	
23	Clark, Brittney 43.38 56.42	East Stroudsburg North	1:51.92	1:39.80	

Event 13 Women 100 Yard Freestyle

	Name	School	Seed Time	Finals Time	Points
	Record: 53.59 * 1/7/2006	Kellyanne Tomasula		VERNON-	
1	Cochrane, Grace E 27.82 29.28	Archbishop Wood High School	56.50	57.10	16
2	Blass, Brittany 28.17 28.95	Crestwood High School	57.70	57.12	13
3	Rios, Christina A 28.20 29.76	Archbishop Wood High School	57.81	57.96	12
4	Scoppetta, Lucia 29.21 30.66	Pocono Mt. West	1:00.54	59.87	11
5	Brunngraber, Erica 29.18 30.91	High Point Regional High Schoo	1:00.36	1:00.09	10
6	Pickarski, Rachel 28.86 31.78	Stroudsburg High School	1:02.52	1:00.64	9
7	Gannon, Bridget 28.86 32.76	Archbishop Wood High School	1:02.08	1:01.62	7
8	Welles, Michelle 29.63 32.11	Kittatinny Regional High Schoo	1:01.77	1:01.74	5

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

(Event 13 Women 100 Yard Freestyle)

	Name	School	Seed Time	Finals Time	Points
9	Gnias, Rachael I 29.70 32.14	Archbishop Wood High School	1:02.00	1:01.84	4
10	Williams, Lori 29.22 32.67	Pocono Mountain East High Scho	1:02.97	1:01.89	3
11	Shaw, Amanda 29.77 32.35	East Stroudsburg South	1:00.20	1:02.12	2
12	Mendez, Michelle 29.72 32.61	Stroudsburg High School	1:02.07	1:02.33	1
13	Levitin, Emily 30.47 32.83	Pocono Mountain East High Scho	1:04.12	1:03.30	
14	Tomlinson, Abby 30.20 33.21	Kittatinny Regional High Schoo	1:02.80	1:03.41	
15	Martin, Madyson 30.66 33.22	High Point Regional High Schoo	1:03.40	1:03.88	
16	Jacinto, Amanda 30.39 34.47	Kittatinny Regional High Schoo	1:02.45	1:04.86	
17	Fitzgerald, Erin 31.20 33.79	Notre Dame East Stroudsburg	1:02.44	1:04.99	
18	Gress, Anna 30.87 35.09	East Stroudsburg South	1:05.63	1:05.96	
19	Keppol, Amber 31.53 34.88	Pocono Mt. West	1:03.10	1:06.41	
20	Koert, Briana 32.38 34.23	Pocono Mountain East High Scho	1:08.00	1:06.61	
21	Nugent, Danielle 31.52 35.16	Kittatinny Regional High Schoo	1:06.81	1:06.68	
22	Kearns, Julie 32.01 34.94	East Stroudsburg South	1:08.09	1:06.95	
23	Kent, Kristen 32.10 35.63	High Point Regional High Schoo	1:07.33	1:07.73	
24	Johnson, Aleda 32.67 35.41	East Stroudsburg South	1:09.05	1:08.08	
25	Holmes, Judy 33.07 35.37	Little Flower High School	1:07.42	1:08.44	
26	Paredes, Veronica 32.19 36.81	East Stroudsburg North	1:11.27	1:09.00	
27	Horn, Christine 33.53 38.43	Little Flower High School	1:10.09	1:11.96	
28	Hall, Patricia 35.17 38.65	Little Flower High School	1:21.25	1:13.82	
29	Rosser, Giselle 34.85 39.65	East Stroudsburg North	1:16.96	1:14.50	
30	Martell, Mel 35.06 40.11	Stroudsburg High School	1:11.42	1:15.17	
31	Juschitsch, Jamie 35.31 40.54	Stroudsburg High School	1:14.37	1:15.85	
32	Rosser, Katie 37.63 44.11	Crestwood High School	1:24.28	1:21.74	
33	Sheehan, Samantha 37.74 44.95	Little Flower High School	1:22.00	1:22.69	
---	Pilato, Chelsea 32.29 34.73	East Stroudsburg North	1:06.95	DQ	

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****Event 15 Women 500 Yard Freestyle****Record: 5:16.50 * 1/7/2006****Megen T Donovan****Archbishop Wood**

Name								Seed Time	Finals Time	Points
1 Kane, Taylor B	Archbishop Wood High School							5:21.05	5:22.23	16
	29.65	32.02	32.96	32.76	32.87	33.13	33.01	32.62		
	32.54	30.67								
2 Clark, Emily	Pocono Mountain East High Scho							5:32.32	5:31.27	13
	31.09	33.43	33.60	33.62	33.64	33.21	33.31	33.23		
	33.25	32.89								
3 Menio, Sarah	East Stroudsburg South							5:38.79	5:37.99	12
	30.62	32.94	33.77	34.29	34.75	34.93	34.83	34.72		
	33.71	33.43								
4 Finn, Amy M	Archbishop Wood High School							5:43.44	5:39.09	11
	30.76	33.57	34.06	34.01	34.74	35.65	34.76	34.59		
	33.92	33.03								
5 Kuchinskas, Shelby	Stroudsburg High School							6:04.54	5:50.64	10
	30.24	34.34	34.98	35.06	35.90	36.26	36.20	36.42		
	36.22	35.02								
6 Ferlo, Emily	High Point Regional High Schoo							5:57.74	6:03.52	9
	33.10	36.40	37.09	36.63	37.49	37.52	37.05	36.78		
	36.68	34.78								
7 Frazier, Kristen	East Stroudsburg North							6:32.32	6:29.62	7
	34.22	38.16	39.43	39.88	39.98	39.91	40.06	39.97		
	40.52	37.49								
8 Ilch, Erin	Stroudsburg High School							6:23.45	6:31.84	5
	35.25	39.89	40.87	40.28	40.90	40.14	39.39	39.15		
	38.83	37.14								
9 Pilato, Chelsea	East Stroudsburg North							6:43.68	6:42.89	4
	36.46	39.61	41.12	40.97	42.38	41.33	39.37	42.14		
	40.94	38.57								
10 McCurdy, Megan	Little Flower High School							6:54.17	6:43.45	3
	35.00	38.48	41.02	41.87	41.82	42.24	42.07	41.26		
	41.13	38.56								
11 Tracey, Kate	Kittatinny Regional High Schoo							6:40.06	6:44.81	2
	34.23	38.98	40.55	42.18	41.45	41.98	42.15	42.02		
	42.12	39.15								
12 Harp, Emily	Kittatinny Regional High Schoo							6:55.81	6:58.78	1
	36.13	39.82	41.77	42.31	43.07	43.27	43.39	43.55		
	44.41	41.06								
13 Kauffman, Nina	Little Flower High School							6:50.97	6:59.00	
	37.59	41.79	43.08	41.88	43.38	43.51	43.00	43.18		
	42.66	38.93								
14 Field, Meaghan	Pocono Mountain East High Scho							7:11.44	7:10.29	
	37.28	40.84	42.75	44.01	44.09	44.57	44.94	44.19		
	44.31	43.31								
--- Tracy, Michelle	High Point Regional High Schoo							6:25.77	DQ	
	32.16	36.53	38.97	40.18	41.25	36.86				

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

Event 17 Women 200 Yard Freestyle Relay

Record: 1:44.97 * 1/7/2006

Mlhs Swim Team

Lakers

K Finnegan, N Patracuolla, D Carrazza, A Carrazza

Team	Relay	Seed Time	Finals Time	Points
1 Pocono Mountain East High S	A	2:03.25	1:51.60	32
1) Williams, Lori	2) Clark, Emily	3) Pankratz, Erika	4) Levitin, Emily	
28.01 27.81 28.83	26.95			
2 Stroudsburg High School	A	1:50.58	1:51.86	26
1) Mendez, Michelle	2) Banks, Avanti	3) Pickarski, Rachel	4) Rose, Jessica	
28.25 30.58 25.17	27.86			
3 High Point Regional High Sch	A	1:50.77	1:52.94	24
1) Martin, Madyson	2) Brunngraber, Erica	3) Schreyer, Kimberly	4) Vealey, Monique	
27.68 27.62 29.47	28.17			
4 Archbishop Wood High Schoo	A	1:51.10	1:53.30	22
1) Gnias, Rachael I	2) Gannon, Colleen	3) Smith, Emily K	4) Kerins, Bridget K	
29.05 28.42 28.09	27.74			
5 East Stroudsburg North	A	1:54.87	1:54.90	20
1) Frazier, Kristen	2) Cho, Lisa	3) Seraut, Lauren	4) Nunez, Carla	
28.68 29.74 29.53	26.95			
6 Archbishop Wood High Schoo	B	1:56.00	1:56.39	18
1) Nelling, Laura B	2) Ruzicka, Emily A	3) Yeung, Angela K	4) Whelan, Jennifer L	
29.37 29.40 29.56	28.06			
7 Kittatinny Regional High Sch	A	1:51.33	1:57.83	14
1) Tooker, Emily	2) Cruts, Kaitlyn	3) Jacinto, Arianna	4) Tomlinson, Abby	
28.84 29.81 30.89	28.29			
8 East Stroudsburg South	A	1:58.18	1:58.21	10
1) Anger, Lacey	2) Gress, Anna	3) Shaw, Amanda	4) Menio, Sarah	
30.09 30.27 28.66	29.19			
9 Kittatinny Regional High Sch	B	2:01.89	1:59.90	8
1) Nugent, Danielle	2) Galinski, Emileigh	3) Kozlowski, Erica	4) Johnson, Danielle	
29.98 30.39 31.15	28.38			
10 High Point Regional High Sch	C	NT	2:03.52	6
1) Mutch, Amy	2) Kent, Kristen	3) Dunn, Brittany	4) Winfield, Kara	
31.56 32.02 29.19	30.75			
11 Stroudsburg High School	B	NT	2:06.83	4
1) Ilch, Erin	2) Bartolome, Giulienne	3) Sine, Emily	4) Kanaley, Kelly	
31.78 31.39 32.66	31.00			
12 Pocono Mt. West	A	1:50.76	2:06.86	2
1) Scoppetta, Lucia	2) Keppol, Amber	3) Angus, Sammi	4) Merritt, Amber	
28.45 27.61 42.24	28.56			
13 Archbishop Wood High Schoo	C	2:16.00	2:08.68	
1) Keown, Kellina A	2) Martino, Victoria L	3) Harney, Caitlin A	4) Deegan, Barbara B	
33.93 33.16 31.11	30.48			
14 Little Flower High School	C	2:18.45	2:11.94	
1) Campbell, Megan	2) Horn, Christine	3) Gayoush, Lindsey	4) Denofa, Monica	
37.41 31.13 33.27	30.13			
15 East Stroudsburg North	B	2:07.34	2:12.01	
1) Rosser, Giselle	2) Paredes, Veronica	3) Pilato, Chelsea	4) Cruz, Priscilla	
32.50 30.35 31.14	38.02			
16 East Stroudsburg North	C	2:14.34	2:14.85	
1) Butler, Megan	2) Kaufman, Lauren	3) Gaeta, Samantha	4) Jablonski, Amanda	
32.50 33.52 32.91	35.92			
17 Little Flower High School	A	2:16.25	2:17.18	
1) Hall, Patricia	2) McNamee, Candice	3) Crossley, Carol	4) Sheehan, Samantha	
32.67 34.73 33.67	36.11			

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

(Event 17 Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
18 Stroudsburg High School	C	NT	2:17.49	
1) King, Lacey	2) Luna, Nicole	3) Rios, Leanne	4) Martell, Mel	
35.40 34.02 35.75 32.32				
19 Pocono Mountain East High S	B	NT	2:19.56	
1) Seese, Nicole	2) Darwish, Sherin	3) Field, Meaghan	4) Fardella, Amanda	
31.20 45.20 28.96 34.20				
20 East Stroudsburg South	C	2:40.68	2:37.32	
1) Pettinato, Jessica	2) Hesse, Jordan	3) Achey, Angela	4) Miller, Tiffany	
42.26 36.16 43.25 35.65				
21 Kittatinny Regional High Sch	C	2:18.89	2:38.98	
1) Head, Andriea	2) Maio, Jessica	3) Morlock, Brianne	4) Juarez, Angie	
43.29 44.43 32.01 39.25				
--- East Stroudsburg South	B	2:11.17	DQ	
1) Kearns, Julie	2) Kearns, Ali	3) Custred, Christina	4) Thorsen, Courtney	
29.67 32.95 33.70 33.05				
--- Archbishop Wood High Scho	D	2:30.00	XDQ	
1) Basgil, Megan S	2) MacLeod, Emily A	3) Walsh, Danielle M	4) Santospago, JulieAnne	
29.81 36.62 34.08 34.81				
--- Little Flower High School	B	2:17.80	DQ	
1) Martinez, Stephanie	2) Gleason, Alyse	3) Savage, Hayley	4) Leyland, Emily	
36.21 33.13 32.56 31.05				

Event 19 Women 100 Yard Backstroke

Record: 58.29 * 1/7/2006	Kellyanne Tomasula	VERNON-		
Name	School	Seed Time	Finals Time	Points
1 Rios, Christina A	Archbishop Wood High School	1:06.09	1:05.90	16
31.45 34.45				
2 Welles, Michelle	Kittatinny Regional High Schoo	1:10.44	1:10.67	13
33.96 36.71				
3 Engels, Grace	Kittatinny Regional High Schoo	1:14.25	1:11.02	12
4 Abramcheck, Annie	Crestwood High School	1:10.27	1:11.41	11
34.73 36.68				
5 Foley, Jen	Little Flower High School	1:12.10	1:12.33	10
34.51 37.82				
6 Rose, Jessica	Stroudsburg High School	1:10.03	1:12.73	9
35.08 37.65				
7 Gannon, Bridget	Archbishop Wood High School	1:13.11	1:13.37	7
35.98 37.39				
8 Cook, MariKate A	Archbishop Wood High School	NT	1:13.58	5
9 Tracy, Michelle	High Point Regional High Schoo	1:13.50	1:13.62	4
35.23 38.39				
10 Thomas, Emily	Little Flower High School	1:11.91	1:14.18	3
36.37 37.81				
11 Williams, Lori	Pocono Mountain East High Scho	1:12.67	1:14.23	2
35.50 38.73				
12 Fitzgerald, Erin	Notre Dame East Stroudsburg	1:10.17	1:14.68	1
35.80 38.88				
13 Porraspita, Amanda	High Point Regional High Schoo	1:17.42	1:14.89	
36.89 38.00				
14 Bartolome, Giulienne	Stroudsburg High School	1:14.48	1:15.49	
36.46 39.03				
15 Seraut, Lauren	East Stroudsburg North	1:12.43	1:15.58	
37.07 38.51				

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****(Event 19 Women 100 Yard Backstroke)**

	Name	School	Seed Time	Finals Time	Points
16	Charles, Nashae 37.74 38.03	Little Flower High School	1:16.90	1:15.77	
17	Gnias, Rachael I 37.39 40.27	Archbishop Wood High School	1:15.00	1:17.66	
18	Hennessey, Caitlin 37.67 40.01	Kittatinny Regional High Schoo	1:17.20	1:17.68	
19	Dunn, Brittany 37.49 40.31	High Point Regional High Schoo	1:14.61	1:17.80	
20	Southern, Maddy 39.11 38.88	Pocono Mountain East High Scho	1:21.34	1:17.99	
21	Cassar, Vicky 37.59 41.89	East Stroudsburg North	1:18.07	1:19.48	
22	Sine, Emily 39.03 40.71	Stroudsburg High School	1:19.74	1:19.74	
23	Cho, Lisa 39.18 41.02	East Stroudsburg North	1:26.81	1:20.20	
24	Markovic, Ashley 40.74 43.85	Kittatinny Regional High Schoo	1:19.00	1:24.59	
25	Luna, Nicole 41.13 46.63	Stroudsburg High School	1:22.70	1:27.76	
26	Frediani, Ashley 42.43 45.77	East Stroudsburg South	1:29.92	1:28.20	
27	Mertz, Amanda 44.32 47.39	Pocono Mountain East High Scho	1:32.17	1:31.71	
28	Sheehan, Samantha 44.11 47.76	Little Flower High School	1:27.15	1:31.87	
29	Angus, Sammi 51.35 58.88	Pocono Mt. West	1:48.12	1:50.23	
30	Pettinato, Jessica 53.03 1:02.96	East Stroudsburg South	1:48.16	1:55.99	

Event 21 Women 100 Yard Breaststroke

	Name	School	Seed Time	Finals Time	Points
	Record: 1:09.32 * 1/7/2006	Megen T Donovan		Archbishop Wood	
1	Clark, Emily 33.11 37.31	Pocono Mountain East High Scho	1:09.57	1:10.42	16
2	Dunigan, Alex 35.41 39.70	Stroudsburg High School	1:15.25	1:15.11	13
3	Pankratz, Stefani 37.51 40.70	Pocono Mountain East High Scho	1:15.82	1:18.21	12
4	Davis, Alyse A 37.39 41.09	Archbishop Wood High School	1:18.80	1:18.48	11
5	Schreyer, Kimberly 37.40 41.39	High Point Regional High Schoo	1:16.98	1:18.79	10
6	Kane, Taylor B 37.78 41.07	Archbishop Wood High School	1:19.31	1:18.85	9
*7	Smith, Emily K 37.38 41.63	Archbishop Wood High School	1:19.87	1:19.01	6
*7	Pickarski, Megan 36.97 42.04	Stroudsburg High School	1:20.49	1:19.01	6
9	Winfield, Kara 37.92 41.53	High Point Regional High Schoo	1:18.56	1:19.45	4

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

(Event 21 Women 100 Yard Breaststroke)

Name	School	Seed Time	Finals Time	Points
10 Keaney, Quinn 37.89 43.23	Stroudsburg High School	1:20.03	1:21.12	3
11 Pankratz, Erika 38.86 42.35	Pocono Mountain East High Scho	1:23.18	1:21.21	2
12 Anger, Lacey 39.24 42.98	East Stroudsburg South	1:20.50	1:22.22	1
13 Vealey, Monique 39.10 43.47	High Point Regional High Schoo	1:20.53	1:22.57	
14 Holmes, Lindsey 40.01 42.66	Little Flower High School	1:18.37	1:22.67	
15 Decker, Brittany 39.26 43.74	East Stroudsburg North	1:22.67	1:23.00	
16 Mutch, Amy 39.49 43.80	High Point Regional High Schoo	1:23.61	1:23.29	
17 Abramcheck, Annie 41.32 43.56	Crestwood High School	1:27.93	1:24.88	
18 Miller, Chrissy 40.41 44.49	East Stroudsburg South	1:23.62	1:24.90	
19 Martino, Olivia A	Archbishop Wood High School	NT	1:24.96	
20 Tracey, Jill 40.72 44.32	Kittatinny Regional High Schoo	1:24.73	1:25.04	
21 Galinski, Emileigh 39.72 45.36	Kittatinny Regional High Schoo	1:26.43	1:25.08	
22 DiMayo, Nicole 42.40 46.16	Kittatinny Regional High Schoo	1:28.27	1:28.56	
23 Carasquillo, Juliet 41.25 48.22	Pocono Mountain East High Scho	1:27.19	1:29.47	
24 Kanaley, Kelly 41.66 48.09	Stroudsburg High School	1:29.01	1:29.75	
25 Cruz, Priscilla 42.23 47.66	East Stroudsburg North	1:29.29	1:29.89	
26 Jablonski, Amanda 45.46 49.88	East Stroudsburg North	1:35.05	1:35.34	
27 Martinez, Stephanie 46.50 52.11	Little Flower High School	1:45.19	1:38.61	
28 Rosser, Katie 46.38 53.42	Crestwood High School	1:52.78	1:39.80	
29 McNamee, Candice 46.89 55.09	Little Flower High School	1:47.05	1:41.98	
30 Crossley, Carol 46.42 57.96	Little Flower High School	1:51.54	1:44.38	
31 Clark, Brittney 48.75 1:03.45	East Stroudsburg North	1:37.21	1:52.20	
--- Thorsen, Courtney 46.34 53.03	East Stroudsburg South	1:35.88	DQ	

Event 23 Women 400 Yard Freestyle Relay

Record: 3:52.19 * 1/7/2006

Mlhs Swim Team

Lakers

N Patracuolla, D Carrazza, K Finnegan, A Carrazza

Team	Relay	Seed Time	Finals Time	Points
1 Archbishop Wood High Schoo	A	3:59.07	3:56.59	32
1) Finn, Amy M	2) Gannon, Bridget	3) Kane, Taylor B	4) Cochrane, Grace E	
29.25 1:00.00	28.48 1:01.48	28.09 58.54	26.45 56.57	

2008 Stroudsburg Winter Swim Classic - 1/5/2008

Stroudsburg High School

Results - All

(Event 23 Women 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
2 Stroudsburg High School	A	4:12.18	4:04.30	26
1) Kuchinkas, Shelby	2) Pickarski, Rachel	3) Mendez, Michelle	4) Dunigan, Alex	
28.39 1:00.13 28.27	1:00.31 29.24 1:02.78	28.58 1:01.08		
3 High Point Regional High Sch	A	4:04.80	4:05.90	24
1) Brunngraber, Erica	2) Ferlo, Emily	3) Schreyer, Kimberly	4) Cotter, Eliza	
29.33 59.98 29.50	1:02.77 30.01 1:04.65	28.18 58.50		
4 East Stroudsburg North	A	4:26.95	4:19.54	22
1) Nunez, Carla	2) Pilato, Chelsea	3) Seraut, Lauren	4) Frazier, Kristen	
29.70 1:01.20 33.01	1:10.35 31.07 1:05.19	30.19 1:02.80		
5 East Stroudsburg South	A	4:14.24	4:21.51	20
1) Rioutort, Angeliq	2) Kearns, Julie	3) Shaw, Amanda	4) Menio, Sarah	
32.70 1:09.90 30.85	1:06.82 29.46 1:02.58	29.59 1:02.21		
6 High Point Regional High Sch	B	4:21.31	4:27.42	18
1) Tracy, Michelle	2) Kent, Kristen	3) Vealey, Monique	4) Porraspita, Amanda	
32.14 1:07.30 31.73	1:07.07 32.13 1:19.12	20.62 53.93		
7 Kittatinny Regional High Sch	A	4:30.89	4:28.69	14
1) Nugent, Danielle	2) Harp, Emily	3) Markovic, Ashley	4) Johnson, Danielle	
31.45 1:06.94 32.49	1:07.87 32.99 1:10.27	30.04 1:03.61		
8 Archbishop Wood High Scho	B	4:20.00	4:29.36	10
1) Basgil, Megan S	2) Gannon, Colleen	3) Cook, MariKate A	4) Yeung, Angela K	
31.96 1:06.22 30.63	1:07.01 31.00 1:06.04	32.73 1:10.09		
9 Stroudsburg High School	B	NT	4:31.23	8
1) Kanaley, Kelly	2) Ilch, Erin	3) Randall, Bethany	4) Pickarski, Megan	
33.60 1:10.69 33.10	1:07.91 30.80 1:04.02	32.43 1:08.61		
10 Archbishop Wood High Scho	C	4:30.00	4:35.28	6
1) Ruzicka, Emily A	2) Nelling, Laura B	3) Whelan, Jennifer L	4) Harney, Caitlin A	
31.87 1:08.00 31.61	1:06.40 31.36 1:08.23	34.20 1:12.65		
11 Little Flower High School	A	4:37.15	4:37.73	4
1) Horn, Christine	2) Holmes, Judy	3) Charles, Nashae	4) Denofa, Monica	
33.54 1:11.12 33.12	1:10.32 31.93 1:08.08	32.60 1:08.21		
12 Pocono Mountain East High S	A	4:18.50	4:38.45	2
1) Koert, Briana	2) Southern, Maddy	3) Carasquillo, Juliet	4) Pankratz, Stefani	
33.08 1:09.10 32.64	1:10.08 33.82 1:10.61	33.47 1:08.66		
13 Kittatinny Regional High Sch	B	4:40.89	4:43.40	
1) Cruts, Kaitlyn	2) Hennessey, Caitlin	3) Tracey, Kate	4) Wilson, Courtney	
33.31 1:10.85 32.75	1:08.96 34.53 1:11.59	33.86 1:12.00		
14 East Stroudsburg North	B	4:54.69	4:53.81	
1) Paredes, Veronica	2) Carey, Brittany	3) Butler, Megan	4) Cassar, Vicky	
32.58 1:10.16 37.24	1:19.68 35.47 1:15.38	33.25 1:08.59		
15 Little Flower High School	B	4:46.88	4:53.87	
1) Crossley, Carol	2) McCurdy, Megan	3) Jusino, Myah	4) Kauffman, Nina	
37.75 1:20.40 36.95	1:15.37 33.67 1:09.81	33.10 1:08.29		
16 East Stroudsburg South	B	4:41.44	4:55.03	
1) Frediani, Ashley	2) Miller, Chrissy	3) Custred, Christina	4) Johnson, Aleda	
35.87 1:17.26 32.60	1:09.57 34.91 1:28.75	23.32 59.45		
17 Pocono Mountain East High S	B	NT	4:55.41	
1) Field, Meaghan	2) Blackmer, Amy	3) Mertz, Amanda	4) Happe, Kathryn	
34.70 1:14.48 32.94	1:08.90 38.63 1:20.40	31.61 1:11.63		
18 Kittatinny Regional High Sch	C	5:00.89	5:02.44	
1) DiMayo, Nicole	2) Ulikowski, Brooke	3) Tracey, Jill	4) Freund, Christine	
35.09 1:14.77 37.70	1:22.14 35.38 1:14.26	34.16 1:11.27		
19 Little Flower High School	C	4:54.58	5:02.99	
1) Gleason, Alyse	2) Coleman, Lauren	3) Buonviso, Molly	4) Martinez, Stephanie	
35.48 1:14.69 34.82	1:15.08 34.93 1:15.17	35.45 1:18.05		

2008 Stroudsburg Winter Swim Classic - 1/5/2008**Stroudsburg High School****Results - All****(Event 23 Women 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
20 Stroudsburg High School	C	NT	5:15.81	
1) Rios, Leanne	2) Juschitsch, Jamie	3) Butz, Emily	4) King, Lacey	
37.27 1:19.52 35.57	1:16.63 37.41 1:17.81	37.60 1:21.85		
21 East Stroudsburg North	C	5:04.65	5:18.80	
1) Decker, Brittany	2) Kaufman, Lauren	3) Gaeta, Samantha	4) Haese, Amanda	
38.27 1:21.05 38.47	1:22.61 36.23 1:18.51	37.25 1:16.63		
22 East Stroudsburg South	C	5:50.40	5:49.44	
1) Hesse, Jordan	2) Miller, Tiffany	3) Pettinato, Jessica	4) Rivera, Enecia	
39.28 1:32.38 39.56	1:22.62 42.42 1:37.39	1:17.05		
--- Archbishop Wood High School	D	4:40.00	X5:13.57	
1) MacLeod, Emily A	2) Keown, Kellina A	3) Martino, Victoria L	4) Martino, Olivia A	
39.62 1:24.30 36.44	1:18.26 36.34 1:19.22	34.32 1:11.79		

Women - Team Rankings - Through Event 23

1. Archbishop Wood High School	390	2. Stroudsburg High School	216.5
3. High Point Regional High School	183	4. Kittatinny Regional High School	116
5. Pocono Mountain East High School	108.5	6. East Stroudsburg North	70
7. East Stroudsburg South	62	8. Crestwood High School	60
9. Little Flower High School	59	10. Pocono Mt. West	36
11. Notre Dame East Stroudsburg	1		