
Meet Results
2005 Stroudsburg Winter Swim Classic 08-Jan-05 Yards
Archbishop Wood High School [WOOD] Coach: Charles Stillwell

| Time | F/P/S Relay | Place | Points | Improv |
|---|-------------------------------------|----------------------|-------------------------|--------|
| Event # 1 Girls 200 Medley Relay | | | | |
| DQ F | C Relay Archbishop Wood High School | --- | --- | |
| Elizabeth A. Bredin (SO) | Laura E. Lutz (SO) | Sarah E. Cohen (FR) | Rachael I. Gnias (FR) | |
| 43.21 | 36.24 39.92 31.09 | | | |
| 2:02.21Y F | A Relay Archbishop Wood High School | 2 | 26 | |
| Jaclyn M. Smith (SO) | Megen T. Donovan (SO) | Nicole E. Lydon (SO) | Christina A. Rios (FR) | |
| 31.01 | 34.28 30.10 26.82 | | | |
| 2:15.28Y F | B Relay Archbishop Wood High School | 8 | 10 | |
| Kristen E. Pollock (SR) | Erin M. Olszak (SO) | Erin E. Lynn (SR) | Elizabeth A. Gnias (JR) | |
| 35.60 | 37.61 31.03 31.04 | | | |
| Event # 3 Girls 200 Free | | | | |
| 2:02.56Y | F Smith, Jaclyn M. | 1 | 16 | --- |
| 28.71 | 30.99 31.72 31.14 | | | |
| 2:30.08Y | F Horlacher, Amanda | 11 | 2 | --- |
| 32.28 | 36.74 39.99 41.07 | | | |
| 2:32.41Y | F Cohen, Sarah E. | 12 | 1 | 2.98 |
| 35.02 | 38.28 40.05 39.06 | | | |
| 2:44.78Y | F Pote, Danielle E. | 21 | --- | --- |
| 35.29 | 42.31 44.17 43.01 | | | |
| Event # 5 Girls 200 IM | | | | |
| 2:20.76Y | F Donovan, Megen T. | 2 | 13 | -1.82 |
| 33.03 | 37.05 39.57 31.11 | | | |
| 2:48.81Y | F Morley, Jacqueline A. | 12 | 1 | 0.71 |
| 36.88 | 42.82 50.77 38.34 | | | |
| 2:58.15Y | F Morley, Christine M. | 17 | --- | --- |
| 39.94 | 44.43 50.93 42.85 | | | |
| 2:59.18Y | F Gannon, Bridget | 18 | --- | --- |
| 35.96 | 42.25 57.41 43.56 | | | |
| Event # 7 Girls 50 Free | | | | |
| 27.35Y | F Rios, Christina A. | 5 | 10 | --- |
| 28.95Y | F Cymerman, Monica A. | 11 | 2 | 0.27 |
| 29.77Y | F Racine, Sharon E. | 17 | --- | 0.75 |
| 30.68Y | F Gnias, Elizabeth A. | 21 | --- | --- |
| Event # 11 Girls 100 Fly | | | | |
| 1:07.85Y | F Lydon, Nicole E. | 3 | 12 | -2.65 |
| 31.39 | 36.46 | | | |
| 1:08.62Y | F Finn, Amy M. | 4 | 11 | -1.12 |
| 31.41 | 37.21 | | | |
| 1:14.47Y | F Lynn, Erin E. | 9 | 4 | --- |
| 33.62 | 40.85 | | | |
| 1:22.86Y | F Gannon, Bridget | 15 | --- | 1.61 |
| 36.86 | 46.00 | | | |
| Event # 13 Girls 100 Free | | | | |
| 1:01.54Y | F Rios, Christina A. | 5 | 10 | 0.42 |
| 30.17 | 31.37 | | | |
| 1:03.18Y | F Cymerman, Monica A. | 8 | 5 | -2.36 |
| 30.77 | 32.41 | | | |

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| Time | F/P/S Relay | Place | Points | Improv |
|--|--|-------|--------|---|
| 1:03.97Y | F Racine, Sharon E. 29.75 34.22 | 10 | 3 | -5.72 |
| 1:07.79Y | F Pollock, Kristen E. 31.36 36.43 | 18 | --- | --- |
| Event # 15 Girls 500 Free | | | | |
| 5:30.34Y | F Donovan, Megen T. 30.47 32.78 33.74 33.45 33.51 33.57 33.45 33.49 33.68 32.20 | 1 | 16 | -5.67 |
| 5:38.61Y | F Smith, Jaclyn M. 31.09 33.35 33.91 34.42 33.73 34.18 33.79 34.47 34.07 35.60 | 2 | 13 | --- |
| 5:56.24Y | F Finn, Amy M. 31.89 33.97 35.55 35.97 36.71 37.18 37.02 36.82 36.39 34.74 | 4 | 11 | --- |
| Event # 17 Girls 200 Free Relay | | | | |
| 1:57.75Y F | A Relay Archbishop Wood High School Sharon E. Racine (JR) Monica A. Cymerman (JR) | 4 | 22 | |
| | 30.43 20.07 37.57 29.68 | | | Amy M. Finn (FR) Nicole E. Lydon (SO) |
| 2:03.36Y F | B Relay Archbishop Wood High School Rachael I. Gnias (FR) Elizabeth A. Gnias (JR) | 8 | 10 | |
| | 30.53 31.56 32.22 29.05 | | | Sarah E. Cohen (FR) Jessica L. Rios (JR) |
| 2:13.68Y F | C Relay Archbishop Wood High School Lindsay A. Sutton (SO) Kellina A. Keown (FR) | 14 | --- | |
| | 33.17 32.97 31.14 36.40 | | | Laura B. Nelling (FR) Theresa M. Kosich (FR) |
| Event # 19 Girls 100 Back | | | | |
| 1:05.18Y | F Smith, Jaclyn M. 31.74 33.44 | 2 | 13 | --- |
| 1:11.03Y | F Rios, Christina A. 34.29 36.74 | 6 | 9 | --- |
| 1:13.11Y | F Horlacher, Amanda 35.14 37.97 | 9 | 4 | -2.55 |
| 1:17.79Y | F Pollock, Kristen E. 36.88 40.91 | 13 | --- | -1.96 |
| Event # 21 Girls 100 Breast | | | | |
| 1:15.00Y | F Donovan, Megen T. 35.74 39.26 | 2 | 13 | --- |
| 1:23.29Y | F Lynn, Erin E. 38.33 44.96 | 8 | 5 | -0.90 |
| 1:24.42Y | F Olszak, Erin M. 38.44 45.98 | 10 | 3 | -1.01 |
| 1:26.46Y | F Morley, Jacqueline A. 40.44 46.02 | 13 | --- | -0.66 |
| Event # 23 Girls 400 Free Relay | | | | |

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| | | | | | | | |
|-----------------------|---------|-----------------------------|------------------------|-------|--|------------------------|-----|
| 3:59.76Y F | A Relay | Archbishop Wood High School | | | | 2 | 26 |
| Megen T. Donovan (SO) | | Amy M. Finn (FR) | Jaclyn M. Smith (SO) | | | Christina A. Rios (FR) | |
| | 28.70 | 31.34 | 29.68 | 31.24 | | | |
| | 27.40 | 29.87 | 29.29 | 32.24 | | | |
| 4:58.38Y F | C Relay | Archbishop Wood High School | | | | 12 | 2 |
| Laura B. Nelling (FR) | | Christine M. Morley (JR) | Lindsay A. Sutton (SO) | | | Kellina A. Keown (FR) | |
| | 33.87 | 39.06 | 34.44 | 39.19 | | | |
| | 36.46 | 40.32 | 34.77 | 40.27 | | | |
| 5:02.36Y F | B Relay | Archbishop Wood High School | | | | 15 | --- |
| Danielle E. Pote (FR) | | Elizabeth A. Bredin (SO) | Laura E. Lutz (SO) | | | Theresa M. Kosich (FR) | |
| | 36.08 | 36.72 | 33.08 | 40.83 | | | |
| | 34.16 | 37.24 | 38.03 | 46.22 | | | |